



#### Part 4

### The Power of “Kindness”

“the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, and self-control.”

Galatians 5:22-23

But when the kindness and love of God our Savior appeared,

Titus 3:4

“I’ve given you an example for you now do as I have done to you.” John 13:15

## HOW IS JESUS KIND TO ME?

### 1. HE UNDERSTANDS MY WEAKNESSES.

“Jesus understands our weaknesses since He had the same temptations we do, though He never once gave way to them and sinned. So let us come boldly to Him and find grace to help us in our times of need.”

Hebrews 4:15-16

#### 1st way to be kind: By being gentle not judgmental

Dear brothers and sisters, if another believer is overcome by some sin, you who are godly should gently and humbly help that person back onto the right path. And be careful not to fall into the same temptation yourself. 2 Share each other’s burdens, ... Galatians 6:1,2

### 2. HE TELLS ME THE TRUTH

“Jesus said you will know the truth and the truth will set you free.”

John 8:32

#### 2nd way to be kind: By caring enough to confront

“Let our lives lovingly express the truth in all things.” Ephesians 4:15

### 3. HE FORGIVES MY SIN

“All of us have sinned...yet now God declares us ‘not guilty’ of offending Him if we trust in Jesus Christ, who in His kindness freely takes away all our sins.”

Romans 3:23-24

#### 3rd way to be kind: By forgiving other people.

... be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.

Ephesians 4:31

### 4. HE AFFIRMS MY WORTH

#### How do I know that I matter to God?

You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed. 7 How precious are your thoughts about me, O God They cannot be numbered!

Psalms 139:16-17

But God showed his great love for us by sending Christ to die for us while we were still sinners.

Romans 5:8

#### 4th way to be kind: By affirming the worth of others.

“Accept one another then just as Christ has accepted you.” Romans 15:7

“Show respect for everyone.”

1 Peter 2:17

“Encourage one another and build each other up.” 1 Thessalonians 5:11

“In response to all God has done for us, let us outdo each other in being helpful and kind to each other...”

Hebrews 10:24