



**JOY**



*Philippians 1:12-26*

*What is Joy and how do you experience it?*

Philippians 1:12-26

<sup>12</sup> Now I want you to know, brothers, that what has happened to me has really served to advance the gospel. <sup>13</sup> As a result, it has become clear throughout the whole palace guard and to everyone else that I am in chains for Christ. <sup>14</sup> Because of my chains, most of the brothers in the Lord have been encouraged to speak the word of God more courageously and fearlessly.

<sup>15</sup> It is true that some preach Christ out of envy and rivalry, but others out of goodwill. <sup>16</sup> The latter do so in love, knowing that I am put here for the defense of the gospel. <sup>17</sup> The former preach Christ out of selfish ambition, not sincerely, supposing that they can stir up trouble for me while I am in chains.

<sup>18</sup> But what does it matter? The important thing is that in every way, whether from false motives or true, Christ is preached. And because of this I rejoice. Yes, and I will continue to rejoice, <sup>19</sup> for I know that through your prayers and the help given by the Spirit of Jesus Christ, what has happened to me will turn out for my deliverance.

<sup>20</sup> I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death. <sup>21</sup> For to me, to live is Christ and to die is gain. <sup>22</sup> If I am to go on living in the body, this will mean fruitful labor for me. Yet what shall I choose? I do not know!

<sup>23</sup> I am torn between the two: I desire to depart and be with Christ, which is better by far; <sup>24</sup> but it is more necessary for you that I remain in the body. <sup>25</sup> Convinced of this, I know that I will remain, and I will continue with all of you for your progress and joy in the faith, <sup>26</sup> so that through my being with you again your joy in Christ Jesus will overflow on account of me.

Joy is a *state of being* that is able to exist *apart from* the emotion of happiness.

Joy comes essentially from living in *harmony with God* and his *design* for us. That involves *three things* being in place in our lives.

We need a \_\_\_\_\_ that is \_\_\_\_\_  
\_\_\_\_\_ and \_\_\_\_\_.

Our \_\_\_\_\_ have to be \_\_\_\_\_ and  
remain \_\_\_\_\_ if we are going to experience joy.

Our \_\_\_\_\_ also influences our state of being.