

Lessons from the Heart



Learning from David

“Nothing is more costly,
nothing is more sterile
then vengeance.”





The background consists of several rectangular blocks of color with a textured, fibrous appearance. A large, dark blue block occupies the central and left portions of the frame. To its right is a smaller, lighter green block. At the bottom left, there is another block of a different shade of green. The overall effect is abstract and layered.

Toxic Anger

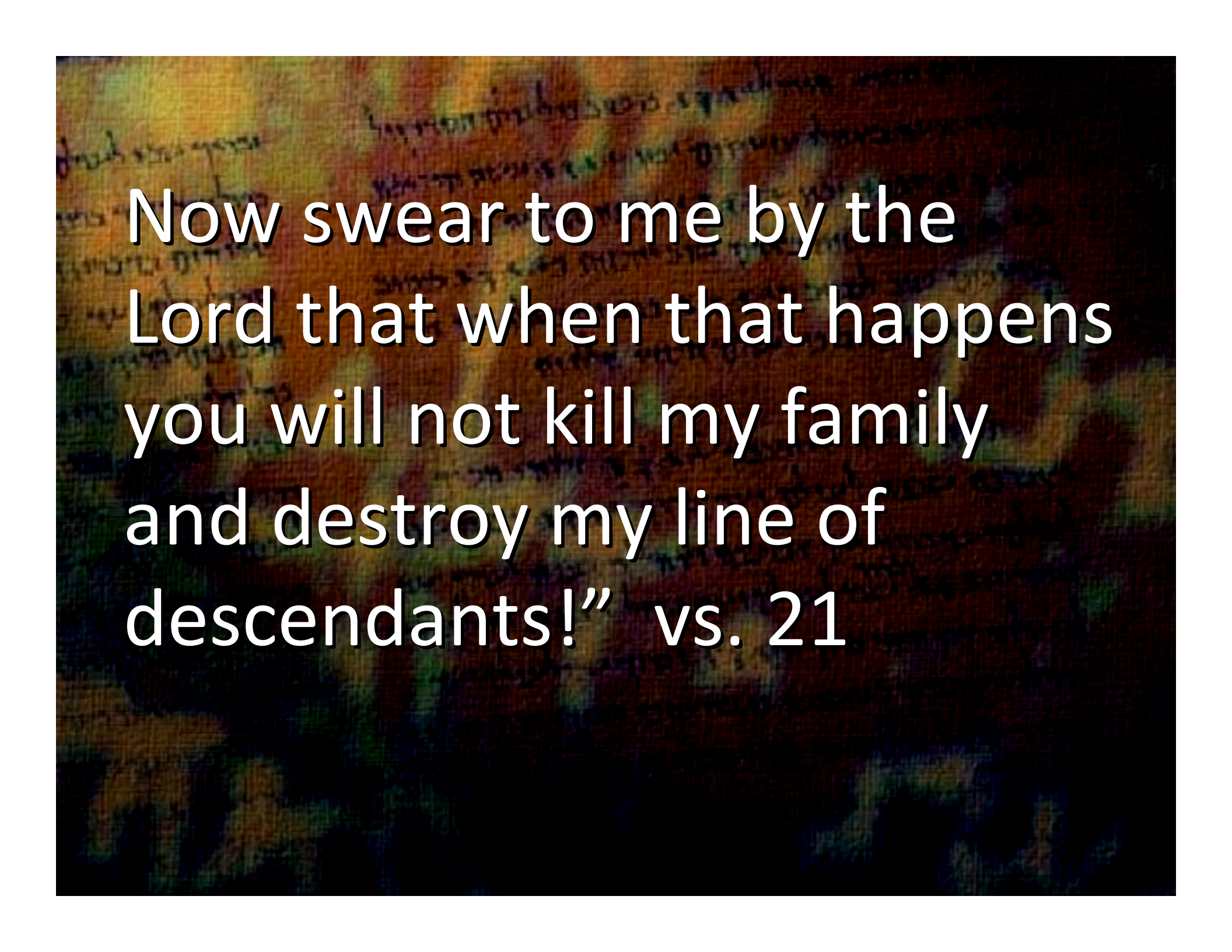
Represented by Saul

Key Understanding:

The only time we really get angry at anything is because we love something and that something we love is being

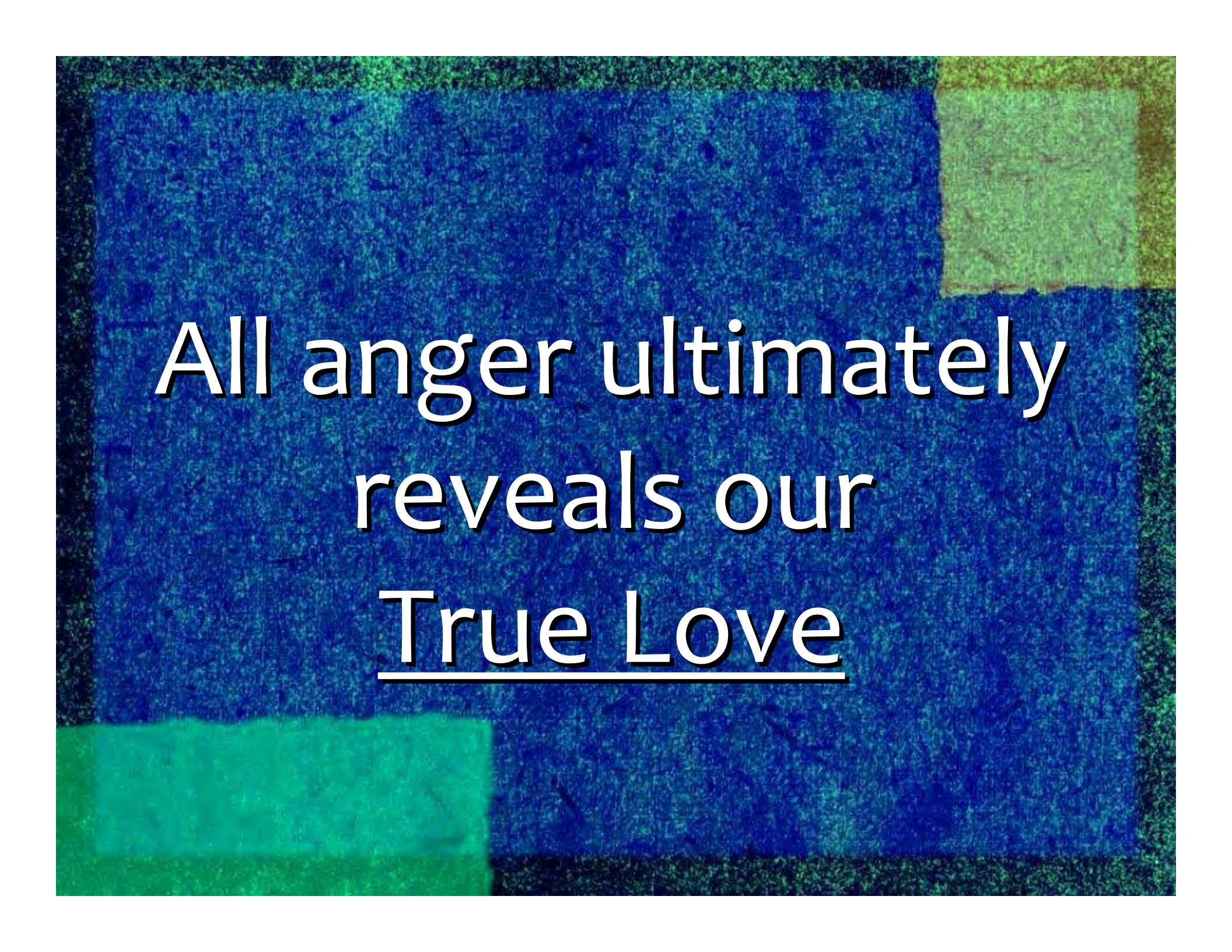
Threatened





Now swear to me by the
Lord that when that happens
you will not kill my family
and destroy my line of
descendants!" vs. 21



The background consists of several rectangular blocks of color with a textured, fibrous appearance. A large, dark blue block occupies the central and left portions of the image. To its right is a smaller, lighter green block. At the bottom left, there is a block of a different shade of green. The overall effect is that of a woven or knitted fabric.

All anger ultimately
reveals our
True Love



Here's the key:

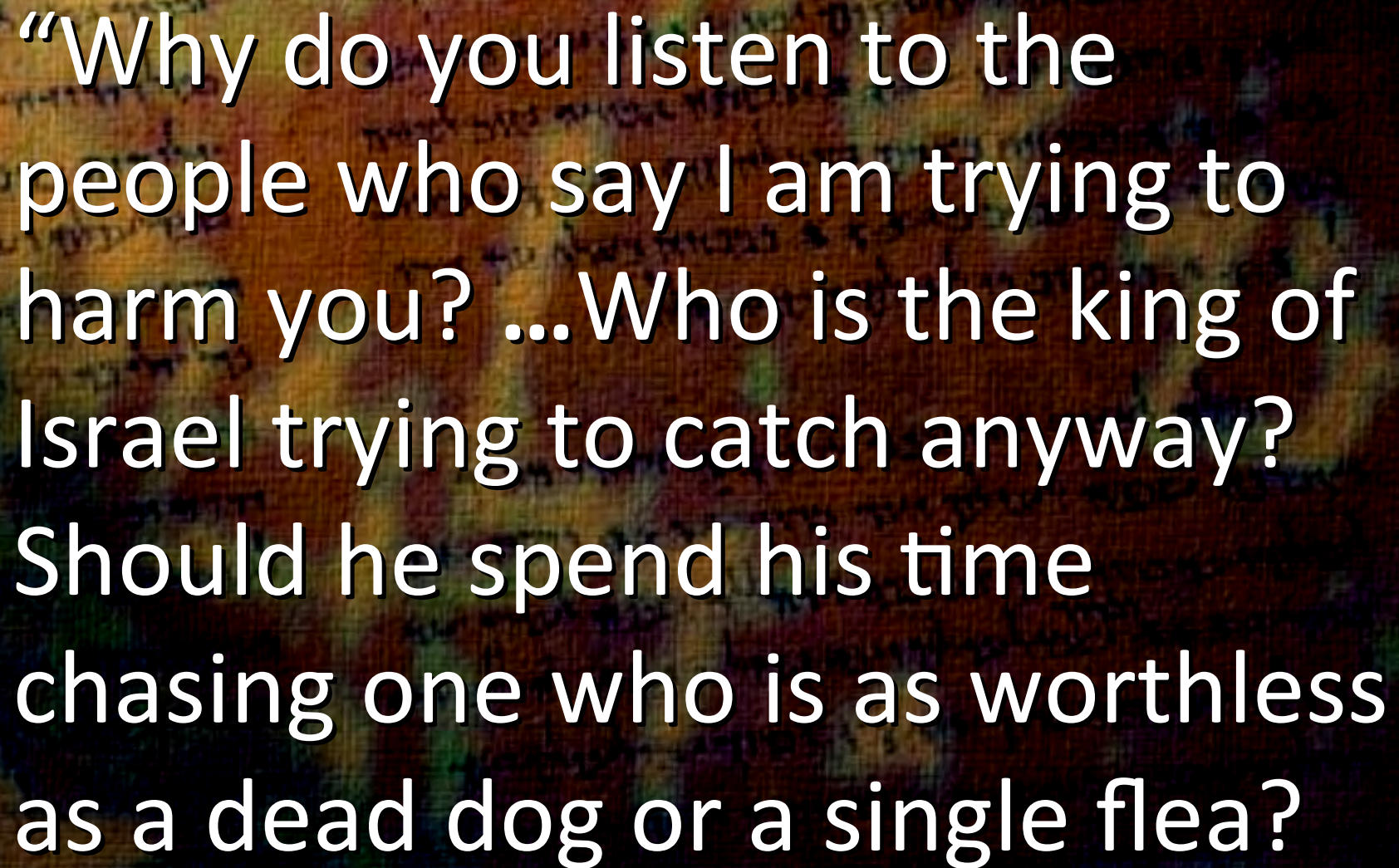
Toxic anger will bring pain to the people around you and ultimately it will bring pain to you because it will begin to alienate those closets to you.

The background is an abstract composition of textured, rectangular blocks. A large, dark blue block occupies the central and left portions of the frame. To its right is a lighter green block, and below it is a darker green block. The overall effect is a layered, textured surface.

Righteous Anger
Represented by David

Toxic anger always makes
things **WORSE**

Righteous anger always
makes things **BETTER**



“Why do you listen to the people who say I am trying to harm you? ...Who is the king of Israel trying to catch anyway? Should he spend his time chasing one who is as worthless as a dead dog or a single flea?”

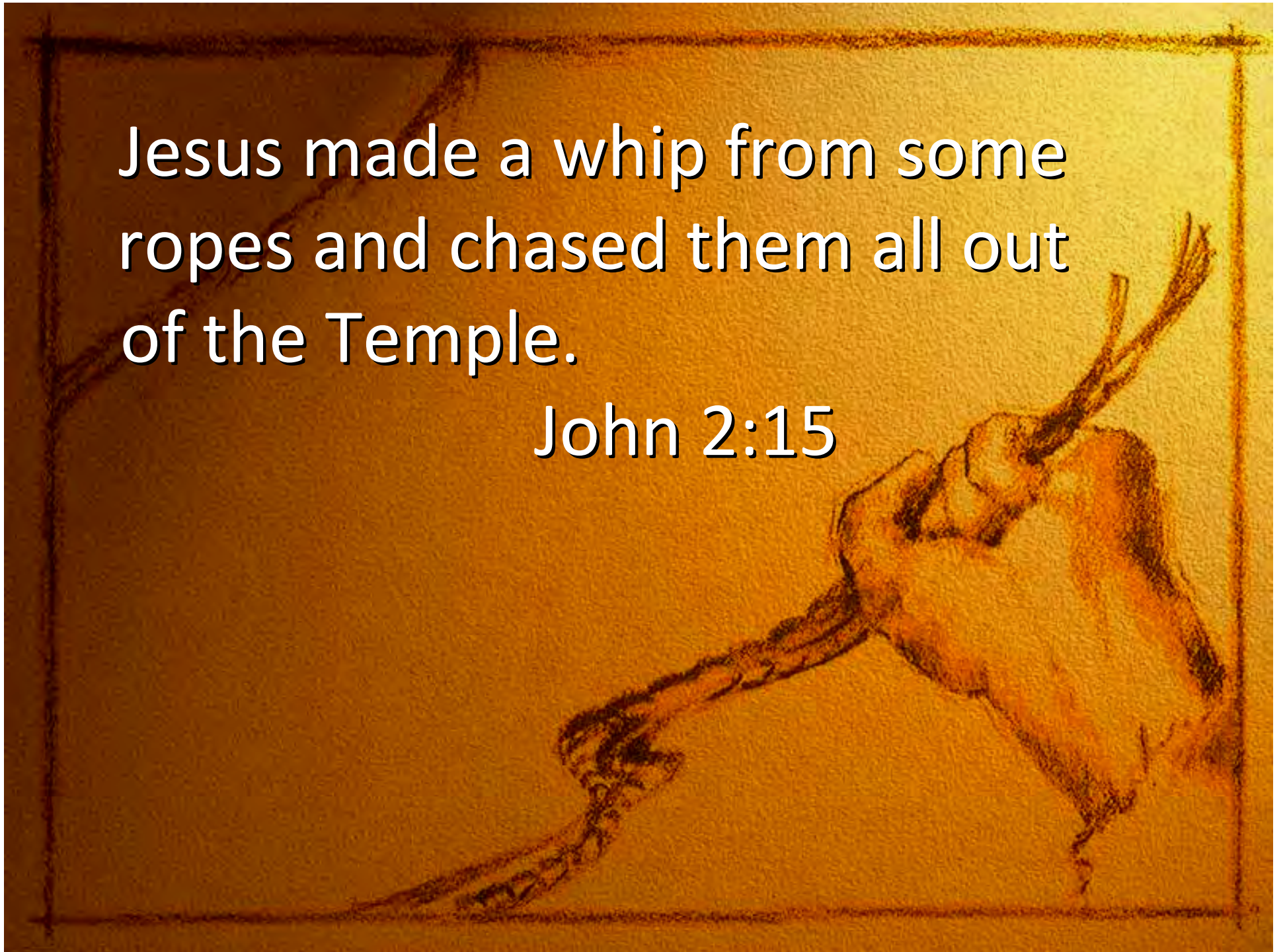


I accept this award in behalf of a civil rights movement which is moving with determination and a majestic scorn for risk and danger to establish a reign of freedom and a rule of justice.



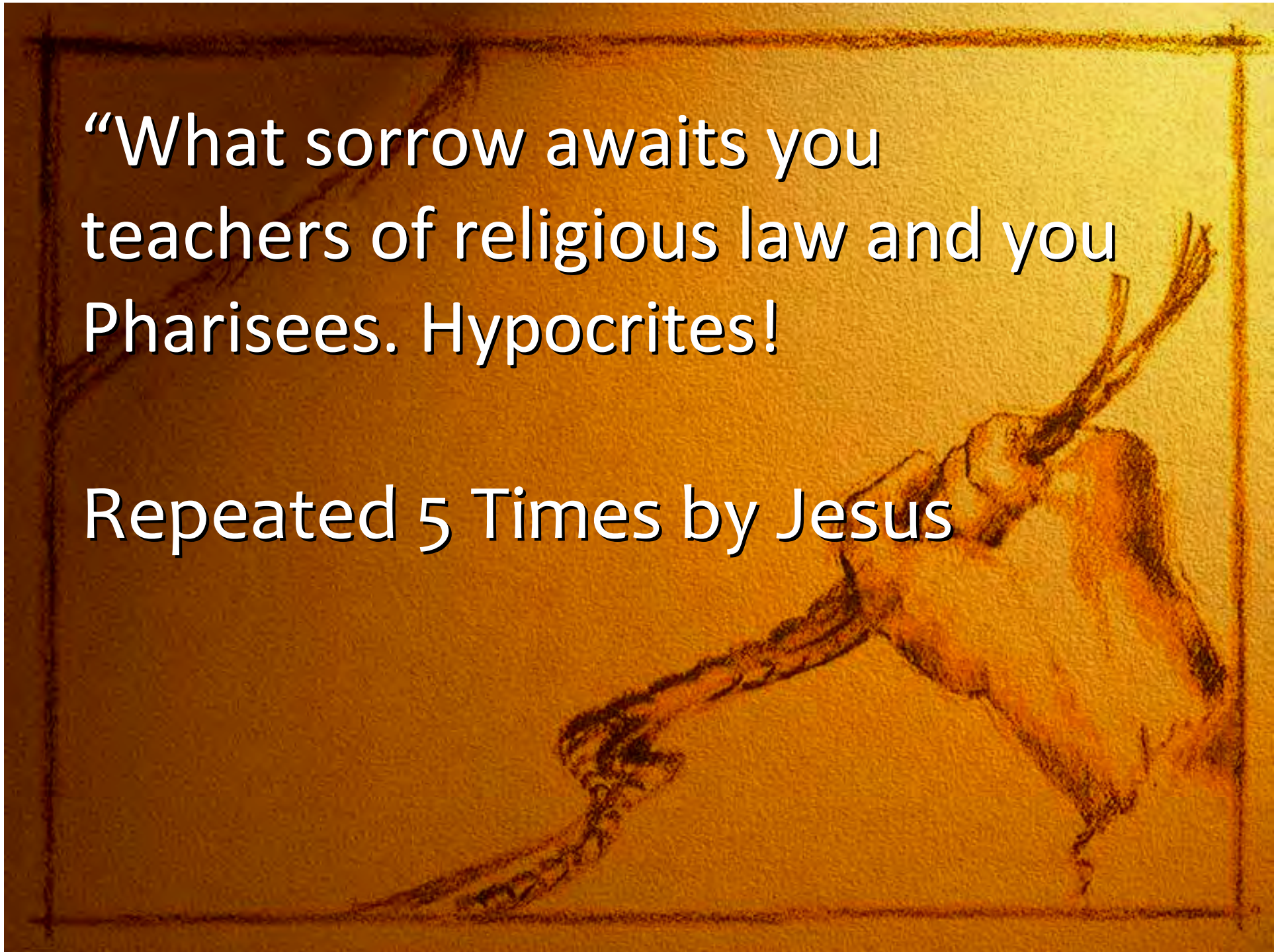
Jesus made a whip from some
ropes and chased them all out
of the Temple.

John 2:15



“What sorrow awaits you
teachers of religious law and you
Pharisees. Hypocrites!

Repeated 5 Times by Jesus




“Blind guides! ... Blind fools!”

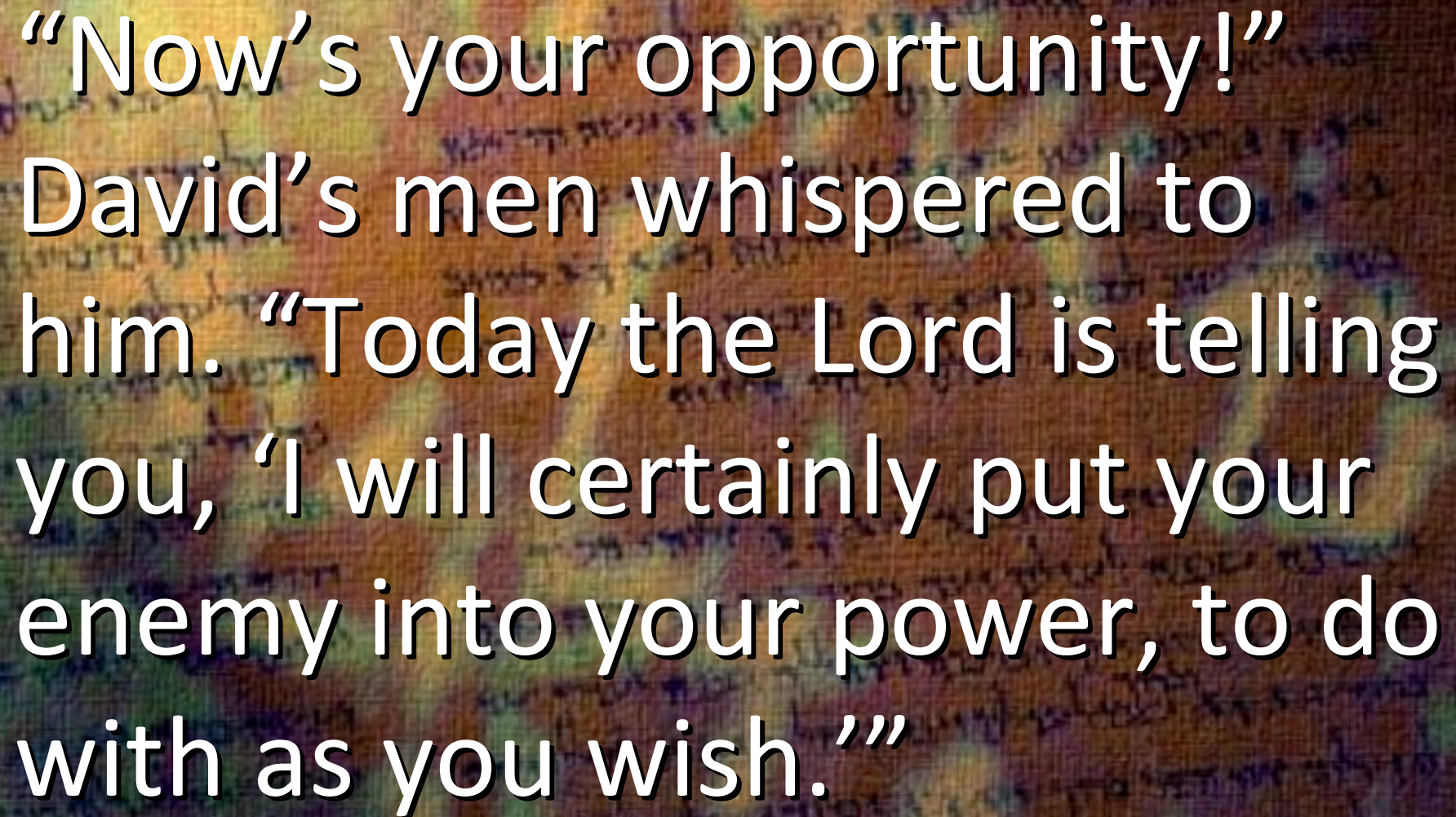


The background consists of several rectangular blocks of color with a textured, fibrous appearance. A large, dark blue block occupies the central and left portions of the image. To its right is a smaller, lighter green block. Below the blue block is another block of a different shade of green. The overall effect is abstract and layered.

Turning Toxic Anger to Righteous Anger



**David sees Saul
for who he is;
GOD'S
ANOINTED KING**



“Now’s your opportunity!”
David’s men whispered to
him. “Today the Lord is telling
you, ‘I will certainly put your
enemy into your power, to do
with as you wish.’”

1 Samuel 24:4

“The Lord forbid that I should do this to my lord the king and attack the Lord’s anointed one, for the Lord himself has chosen him.” 7

So David restrained his men and did not let them kill Saul.

1 Samuel 24:6,7

*Forgiveness not the instant
restoration of trust.*

So David gave his oath to Saul. Then
Saul returned home, but David and his
men went up to the stronghold.

If this is to be achieved, man must evolve for all human conflict a method which rejects revenge, aggression and retaliation. The foundation of such a method is love.







*To forgive is to set a prisoner
free and discover the prisoner
was you.*



David sees
himself for
who he is;
NO DIFFERENT
THAN SAUL

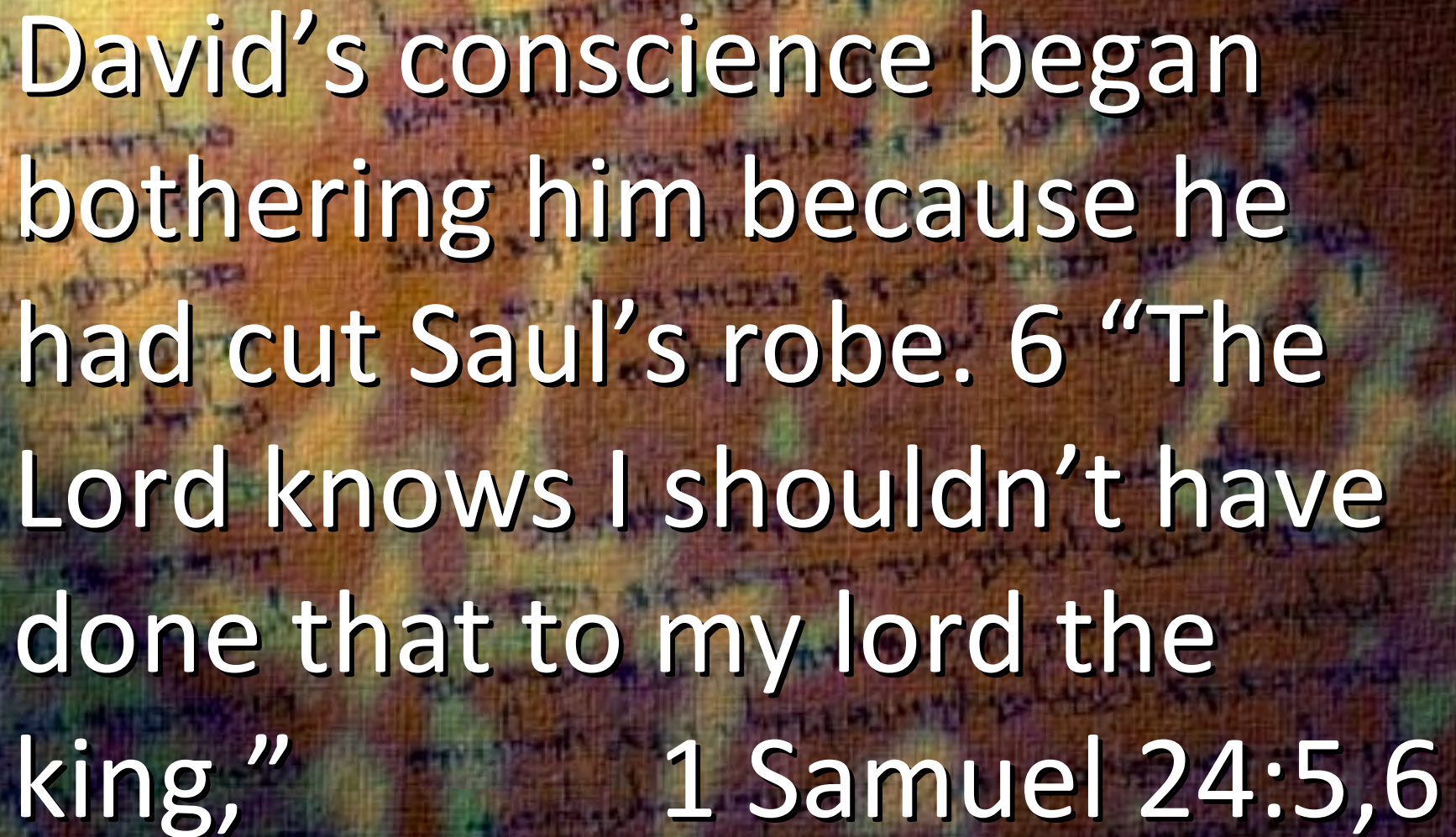
The Problem With Bitter People?

They only want JUSTICE
to be meted out for
others never for
themselves.



Miroslav Volf
Yale Theology Professor
Author

“Forgiveness flounders when we exclude our enemies from the community of humans and when we exclude ourselves from the community of sinners.”

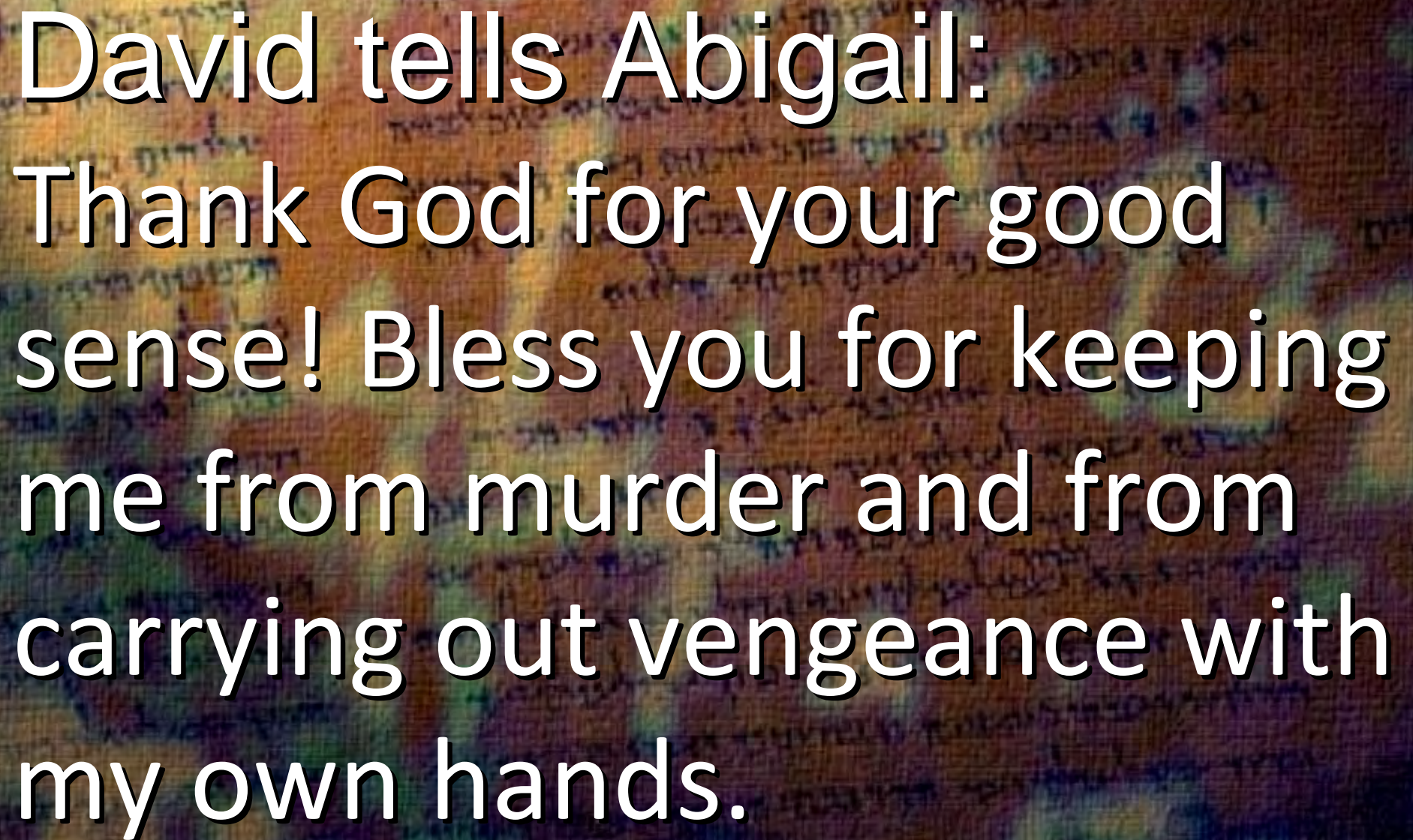


David's conscience began bothering him because he had cut Saul's robe. 6 "The Lord knows I shouldn't have done that to my lord the king,"

1 Samuel 24:5,6


“Get your swords!” was David’s reply as he strapped on his own.

...“A lot of good it did to help this fellow. We protected his flocks in the wilderness, and nothing he owned was lost or stolen. But he has repaid me evil for good. 22 May God strike me and kill me if even one man of his household is still alive tomorrow morning!”




David tells Abigail:
Thank God for your good
sense! Bless you for keeping
me from murder and from
carrying out vengeance with
my own hands.





**David sees
God for who
he is;
A JUST
AVENGER**



“May the Lord judge between
us. ...15 May the Lord judge
which of us is right and
punish the guilty one.

1 Samuel 24:12,15



**The reason God doesn't
make human waste of us is**



because He
wasted
Jesus instead.

