

Part 6

FORGET NOT

Psalm 103

Psalms

All the colors of life

Psalm 103

Of David

¹ Bless the LORD, O my soul,
and all that is within me,
bless his holy name!

² Bless the LORD, O my soul,
and forget not all his benefits,

³ who forgives all your iniquity,
who heals your diseases,

⁴ who redeems your life from the pit,
who crowns you with steadfast love and mercy,

⁵ who satisfies you with good
so that your youth is renewed like the eagle's.

⁶ The LORD works righteousness
and justice for all who are oppressed.

⁷ He made known his ways to Moses,
his acts to the people of Israel.

⁸ The LORD is merciful and gracious,
slow to anger and abounding in steadfast love.

⁹ He will not always chide,
nor will he keep his anger forever.

¹⁰ He does not deal with us according to our sins,
nor repay us according to our iniquities.

¹¹ For as high as the heavens are above the earth,
so great is his steadfast love toward those who
fear him;

¹² as far as the east is from the west,
so far does he remove our transgressions from us.

¹³ As a father shows compassion to his children,
so the LORD shows compassion to those who fear
him.

¹⁴ For he knows our frame;
he remembers that we are dust.

¹⁵ As for man, his days are like grass;
he flourishes like a flower of the field;
¹⁶ for the wind passes over it, and it is gone,
and its place knows it no more.

¹⁷ But the steadfast love of the LORD is from everlasting to everlasting on those who fear him, and his righteousness to children's children,
¹⁸ to those who keep his covenant and remember to do his commandments.

¹⁹ The LORD has established his throne in the heavens,
and his kingdom rules over all.

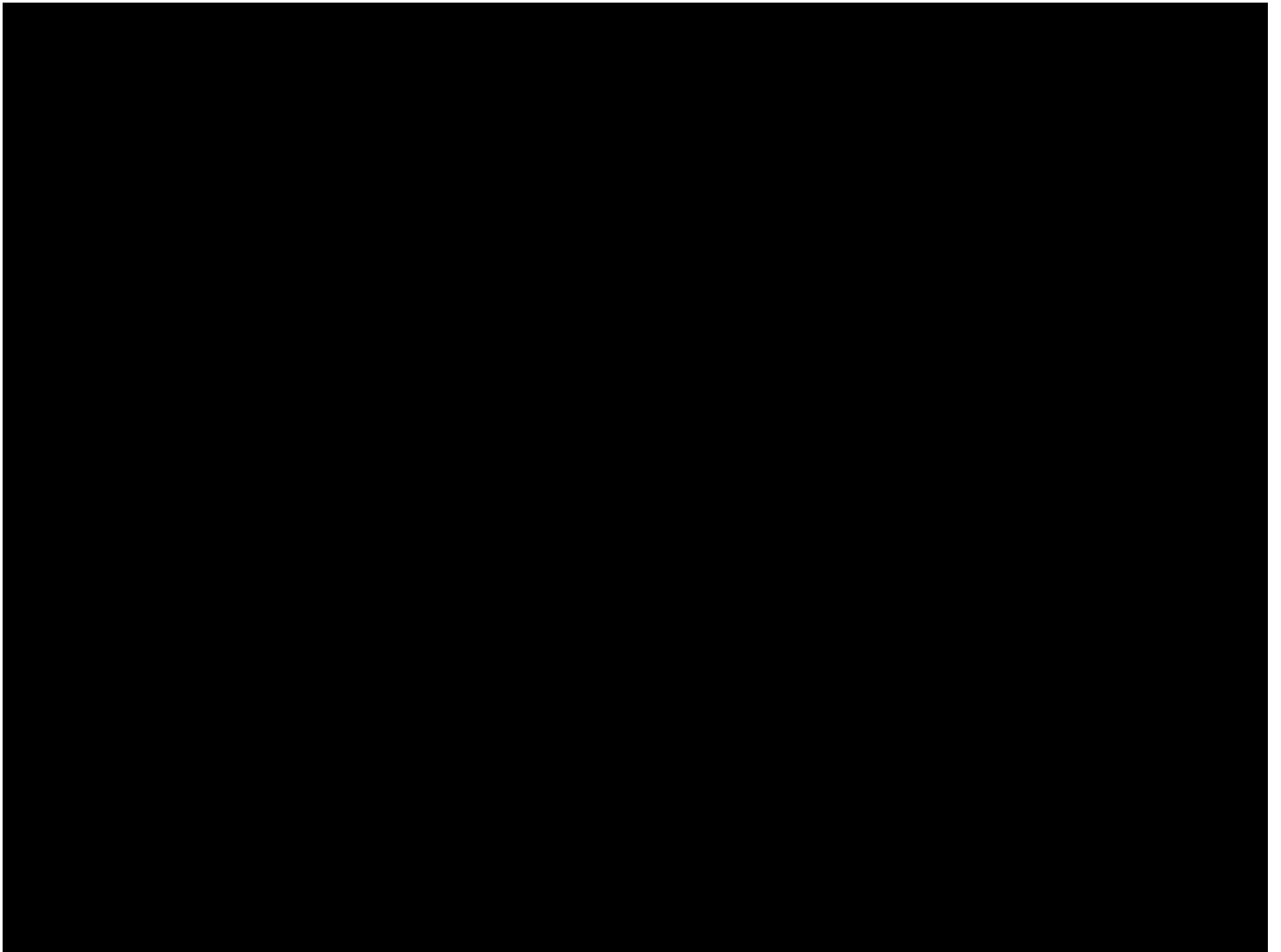
²⁰ Bless the LORD, O you his angels,
you mighty ones who do his word,
obeying the voice of his word!

²¹ Bless the LORD, all his hosts,
his ministers, who do his will!

²² Bless the LORD, all his works,
in all places of his dominion.

Bless the LORD, O my soul!

ESV



Psalm 103
Of David

No reference to
enemies

No reference to
specific sins

A general Psalm about how to handle
life in general

forgives all your iniquity

Psalm 103

heals your diseases

Of Day

crowns you with steadfast love and mercy

redeems your life from the pit

satisfies with

FORGET NOT ALL HIS BENEFITS

business and all who are distressed

his ways

the LORD

slow to anger and abounding in steadfast love

He does not deal with us according to our sins, nor repay us according to our iniquities

shows compassion to those who fear him

he remembers that we are dust

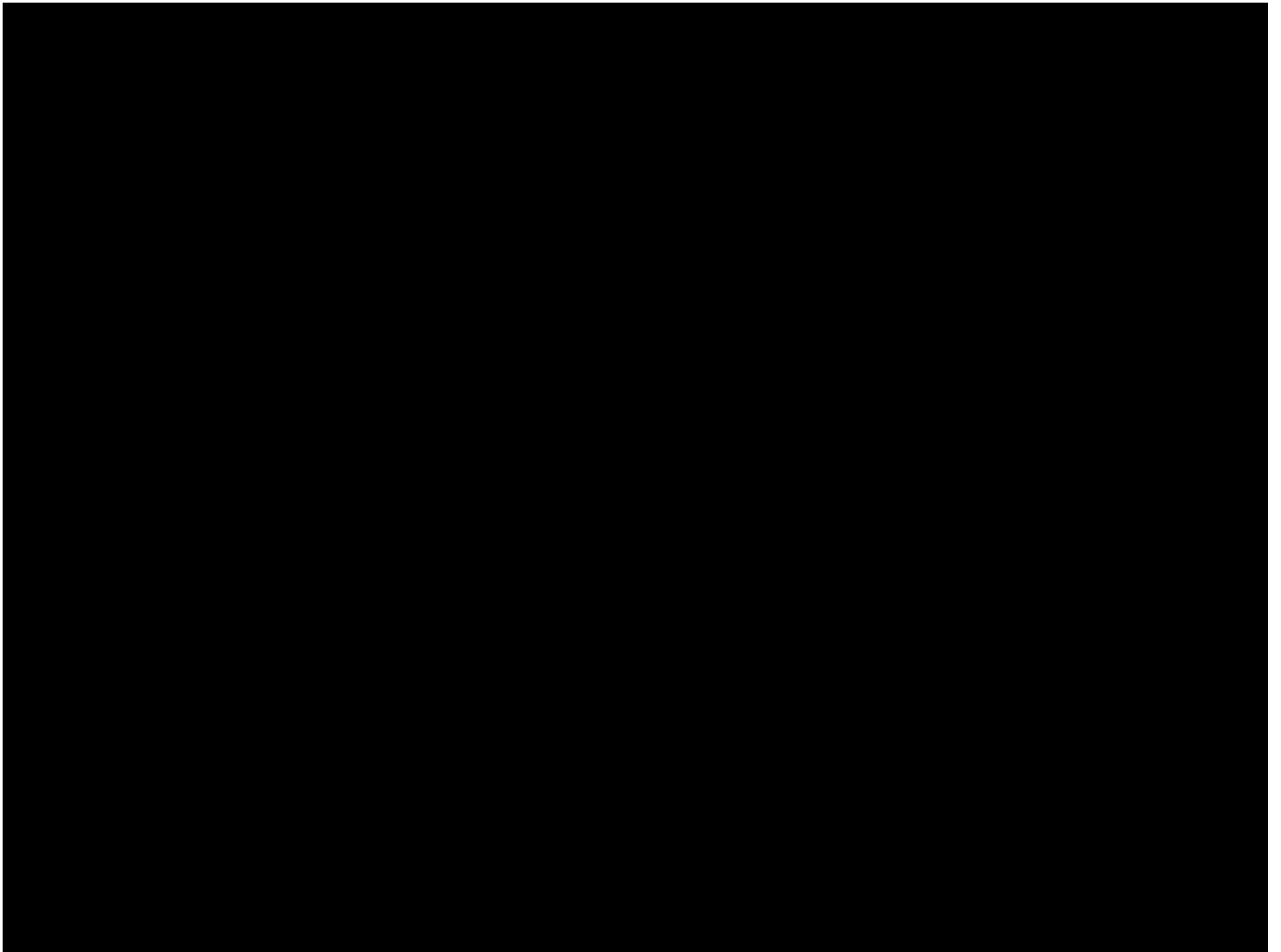
FORGET NOT
=
REMEMBER

Isaiah 51:12 & 13

“¹² . . . Who are you that you fear mere mortals, human beings who are but grass, ¹³ that you forget the LORD your Maker, who stretches out the heavens and who lays the foundations of the earth, that you live in constant terror every day because of the wrath of the oppressor, who is bent on destruction?

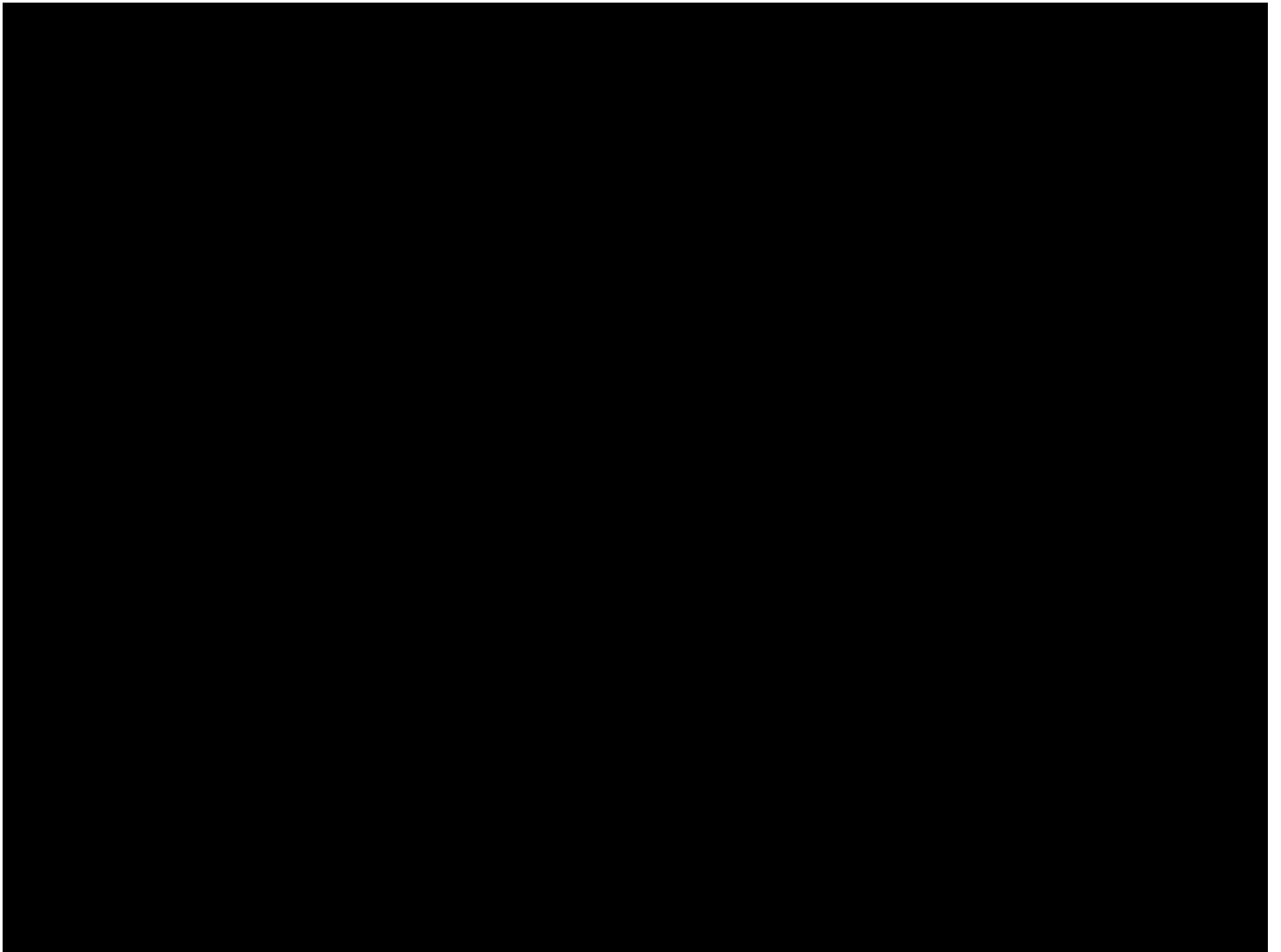
2 Peter 1:5 – 9

⁵ For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge;
⁶ and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; ⁷ and to godliness, mutual affection; and to mutual affection, love. ⁸ For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ. ⁹ But whoever does not have them is nearsighted and blind, forgetting that they have been cleansed from their past sins.



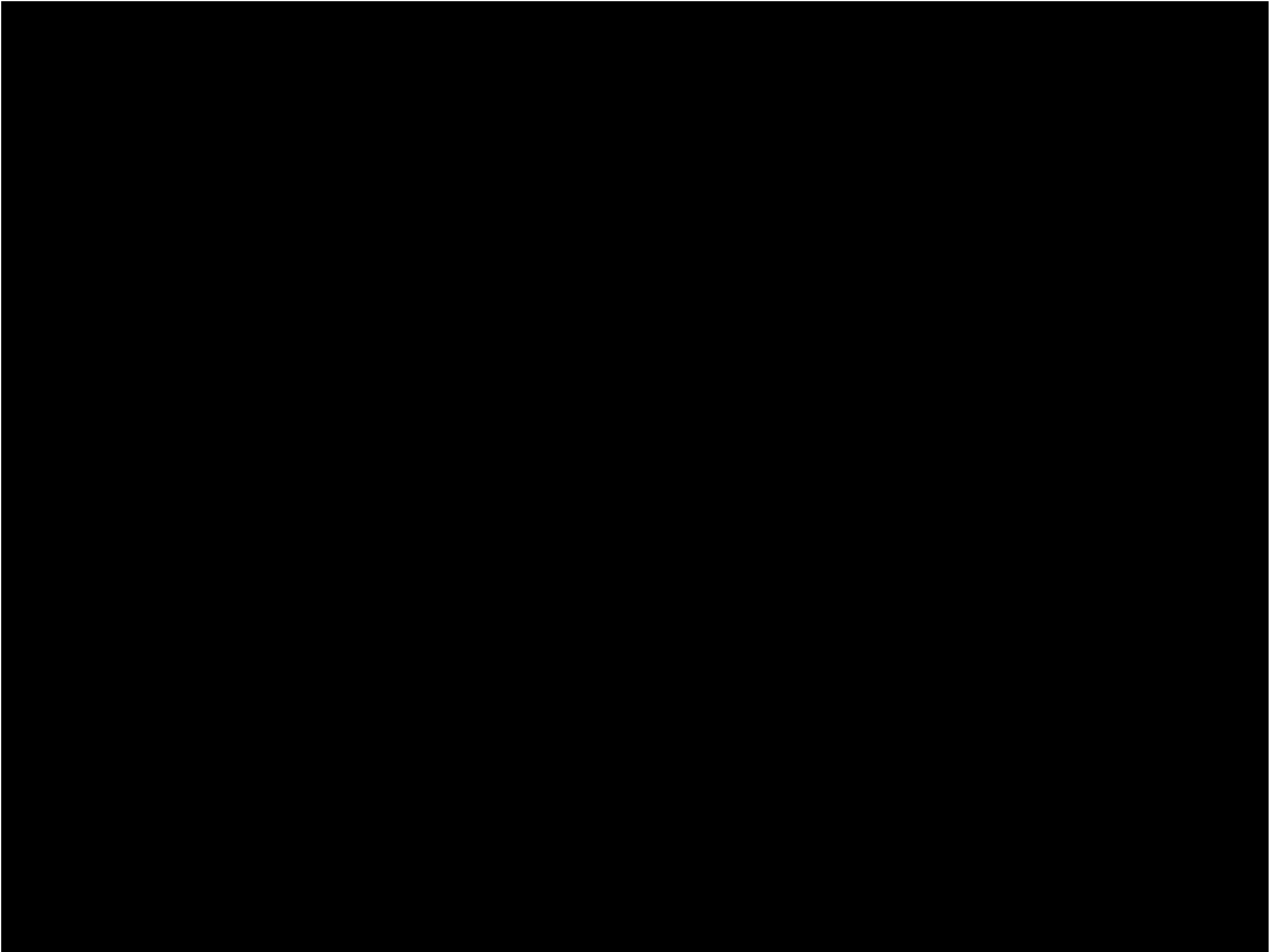
Isaiah 43:25

I, even I, am he who blots out your transgressions, for my own sake, and remembers your sins no more.



a principle:

***What is central to your
thinking sets the course of
your life as a whole.***

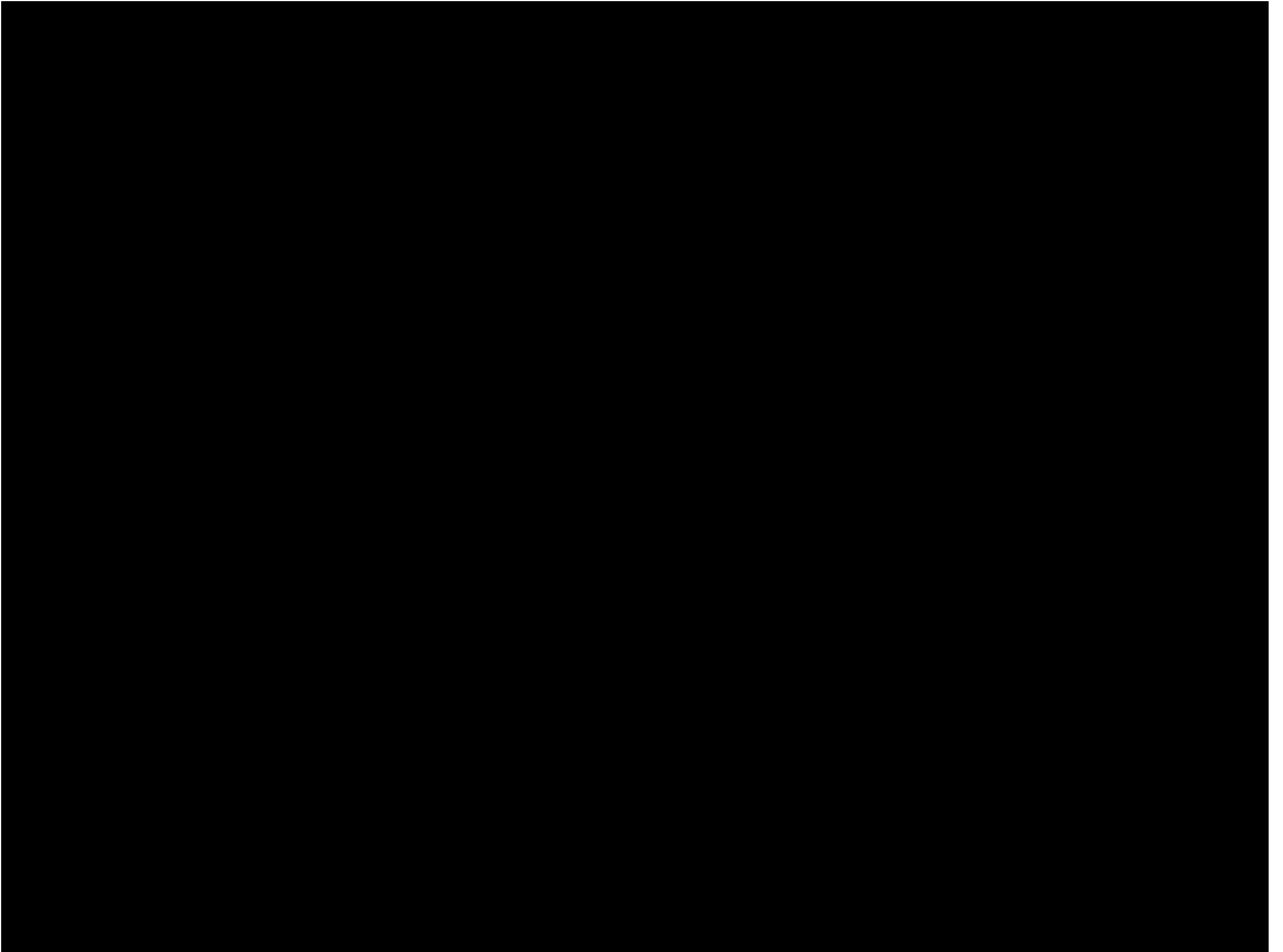


¹⁰ When you have eaten and are satisfied, praise the LORD your God for the good land he has given you. ¹¹ Be careful that you do not forget the LORD your God, failing to observe his commands, his laws and his decrees that I am giving you this day. ¹² Otherwise, when you eat and are satisfied, when you build fine houses and settle down, ¹³ and when your herds and flocks grow large and your silver and gold increase and all you have is multiplied, ¹⁴ then your heart will become proud and you will forget the LORD your God . . .

Deuteronomy 8:10 – 14

Romans 1:21

For although they knew God, they did not honor him as God or give thanks to him, but they became futile in their thinking, and their foolish hearts were darkened . . .



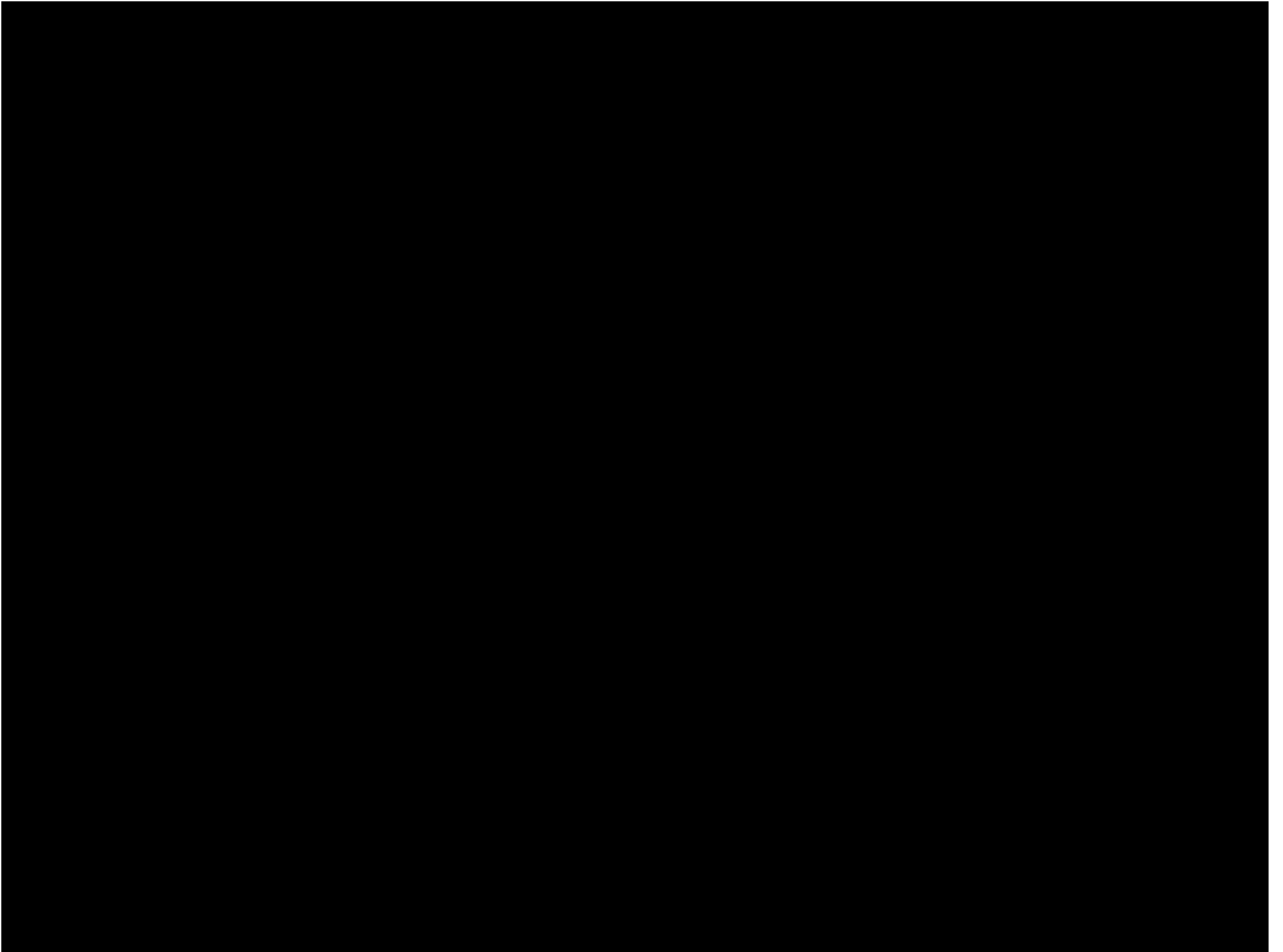
Bless the LORD, O *my* soul,
and all that is within me,
bless his holy name!

. . . his delight is in the law of
the LORD, and on his law he
meditates day and night.

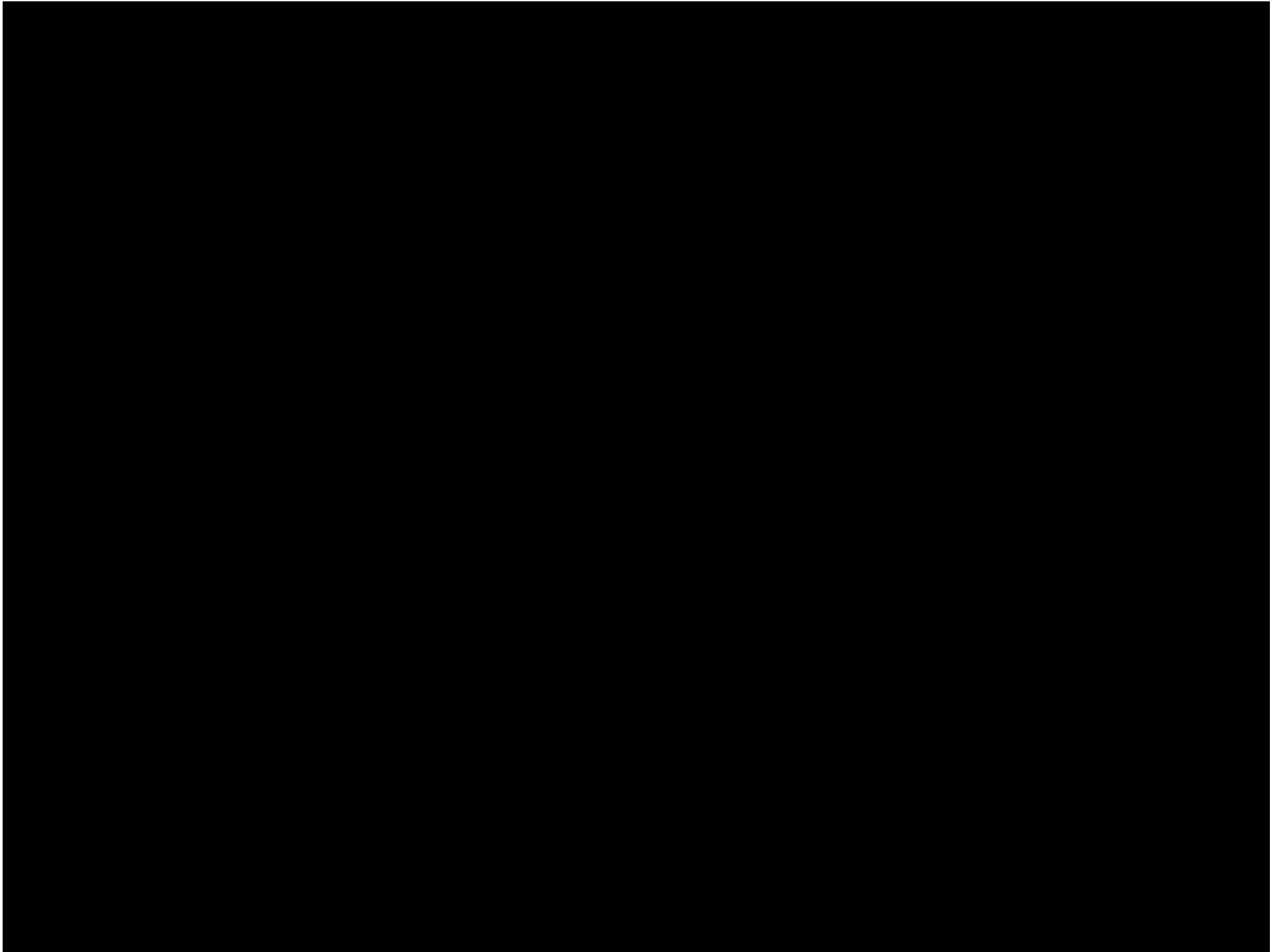
Psalm 1:2

“Praying the truth into
your heart until it
catches fire in the
presence of God.”







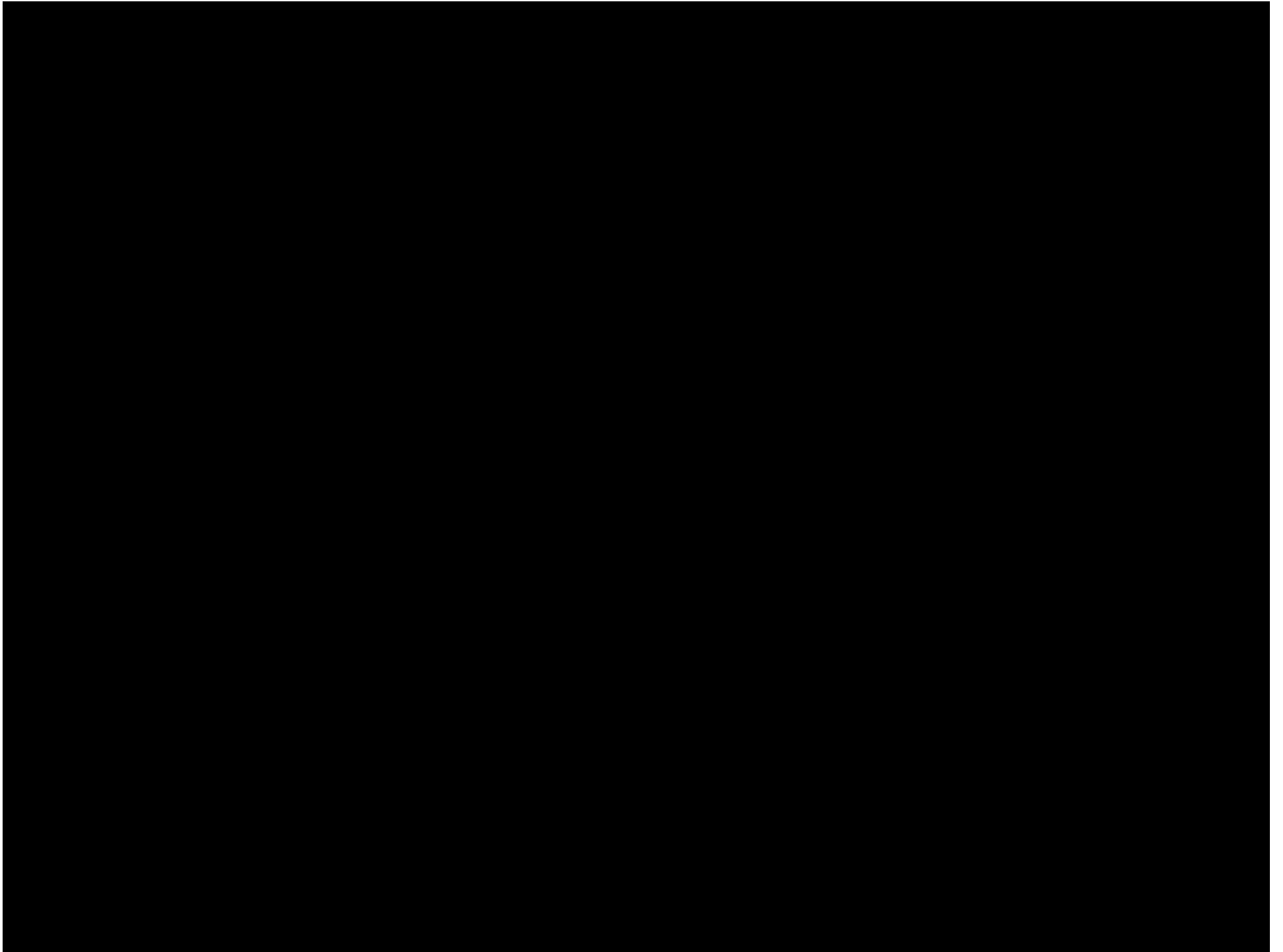


¹⁰ He does not deal with us according to our sins, nor repay us according to our iniquities.

¹¹ For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him;

¹² as far as the east is from the west, so far does he remove our transgressions from us.

Psalm 103:10 - 12



⁸ The LORD is merciful and gracious,
slow to anger and abounding in steadfast love.

⁹ He will not always chide, nor will he always be angry.
forever
sin

All we like sheep have gone
astray; we have turned—
every one—to his own way;
and the LORD has *laid on*
him the iniquity of us all.

Isaiah 53:6

⁶ “The
slow
faith

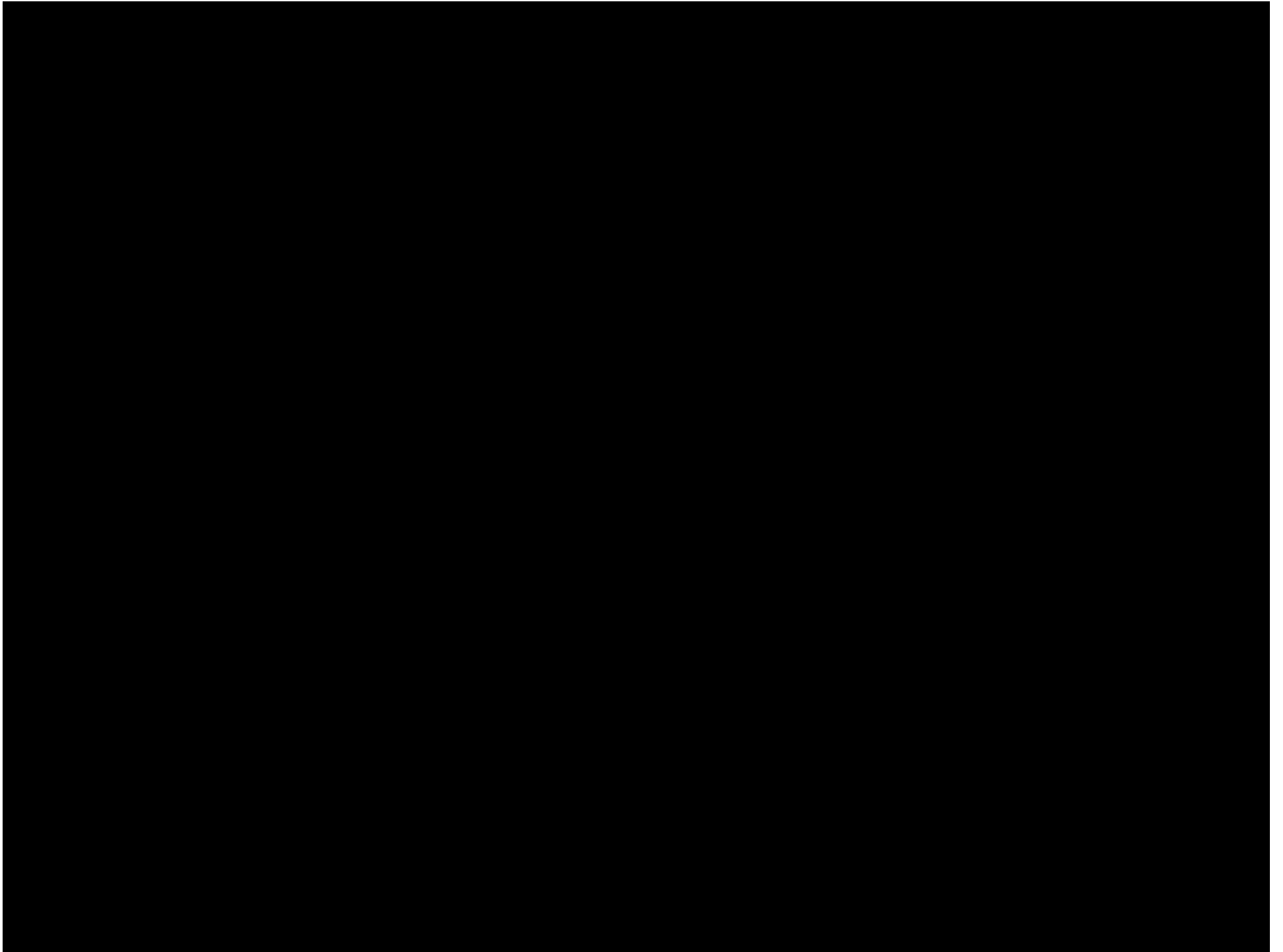
forgiving iniquity and transgression and sin, but who
will *by no means* clear the guilty, visiting the iniquity
of the fathers on the children and the children’s
children, to the third and the fourth generation.”

Exodus 34:6 & 7

¹⁵ As for man, his days are like grass; he flourishes like a flower of the field; ¹⁶ for the wind passes over it, and it is gone, and its place knows it no more.

¹⁷ **BUT** the steadfast love of the LORD is from everlasting to everlasting on those who fear him, and his righteousness to children's children, ¹⁸ to those who keep his covenant and remember to do his commandments.

Psalm 103:15 - 18



FORGET NOT
ALL HIS BENEFITS

REMEMBER!

