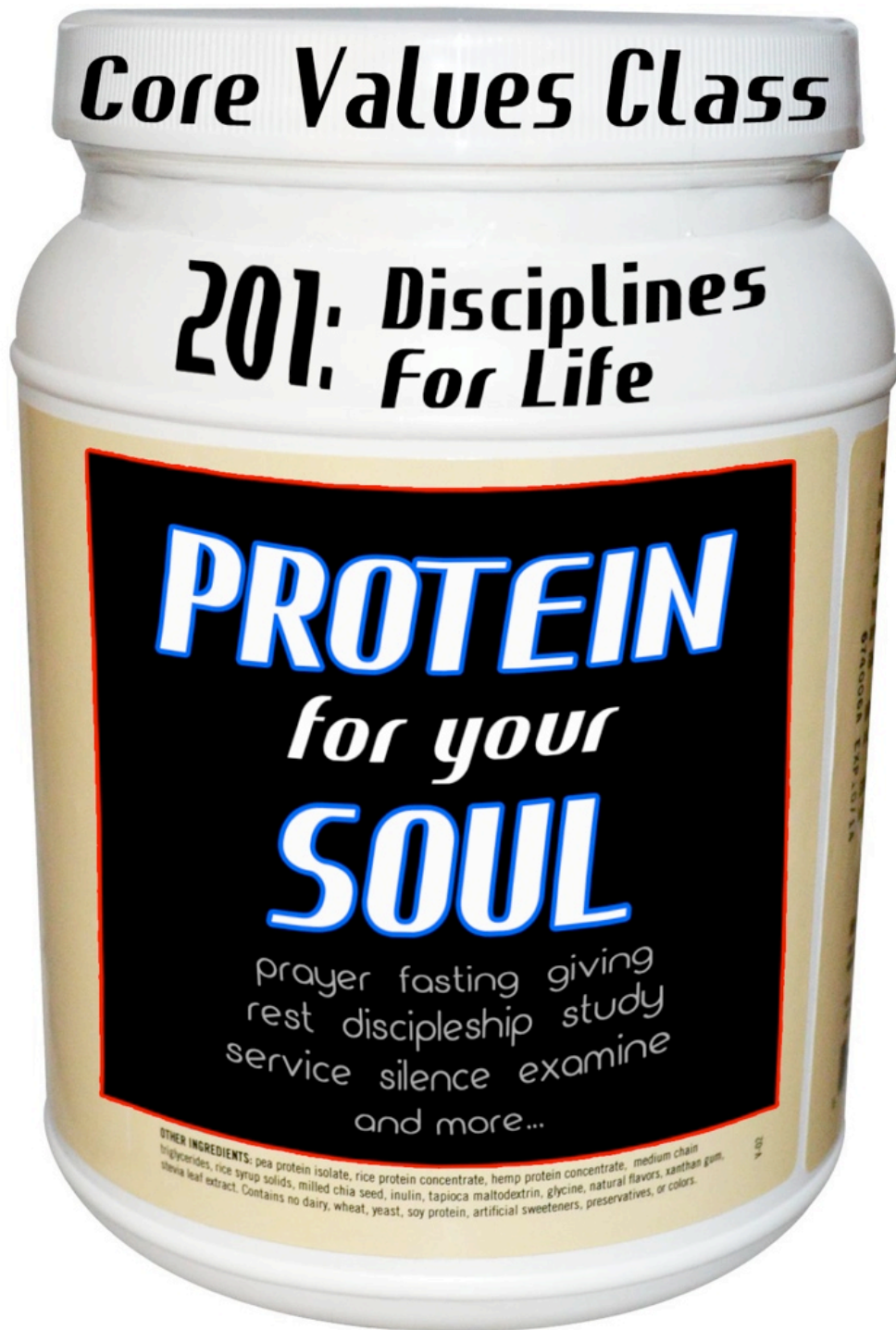




Welcome to
Sierra Community
Church

There is a time for
everything, and a
SEASON for every
activity under
heaven



Saturday

Nov. 16th

9:30am - 12pm

spiritual growth stuff
(coffee & donuts too).

Psalm

All the colors of life

Psalm 3



2 Samuel 14:25 In all Israel there was not a man so highly praised for his handsome appearance as Absalom. From the top of his head to the sole of his foot there was no blemish in him.

2 Samuel 15:5–6 whenever anyone approached him to bow down before him, Absalom would reach out his hand, take hold of him and kiss him.

⁶Absalom behaved in this way toward all the Israelites who came to the king asking for justice, and so he stole the hearts of the people of Israel.

2 Samuel 15:10–12 Absalom sent secret messengers throughout the tribes of Israel to say, “As soon as you hear the sound of the trumpets, then say, ‘Absalom is king in Hebron.’” ¹¹Two hundred men from Jerusalem had accompanied Absalom.... ¹²While Absalom was offering sacrifices, he also sent for Ahithophel the Gilonite, David’s counselor, to come from Giloh, his hometown. And so the conspiracy gained strength, and Absalom’s following kept on increasing.

13A messenger came and told David, “The hearts of the people of Israel are with Absalom.” ¹⁴Then David said to all his officials who were with him in Jerusalem, “Come! We must flee, or none of us will escape from Absalom. We must leave immediately, or he will move quickly to overtake us and bring ruin on us and put the city to the sword.” ¹⁵The king’s officials answered him, “Your servants are ready to do whatever our lord the king chooses.” ¹⁶The king set out, with his entire household following him; but he left ten concubines to take care of the palace...²³The whole countryside wept aloud as all the people passed by. The king also crossed the Kidron Valley, and all the people moved on toward the wilderness.

Psalm 3

A psalm of David. When he fled from his son Absalom.

¹Lord, how many are my foes!
How many rise up against me!

²Many are saying of me, “God will not deliver him.”

³But you, Lord, are a shield around me,
my glory, the One who lifts my head high.

⁴ I call out to the Lord,
and he answers me from his holy mountain.

⁵I lie down and sleep;
I wake again, because the Lord sustains me.

⁶I will not fear though tens of thousands
assail me on every side.

⁷Arise, O Lord! Rescue me, my God!
Slap all my enemies in the face! Shatter the
teeth of the wicked! *(NLT)*

⁸From the Lord comes deliverance.
May your blessing be on your people.

Keep in mind...→

To some degree *David is*
PERSONALLY RESPONSIBLE
for the distress he is in.

Often times *we are* **PERSONALLY**
RESPONSIBLE for the distress
we find ourselves in.

Serious Trouble? Yes and it's overwhelming!
So why even try?

OR

Serious Trouble? Yes, but I'm perfectly capable
of self-salvation.

Life Lesson: →

No matter what the trouble is -*self
inflicted or not*- not only is it ok to cry
out God, *it makes sense to do it*
because He is the best help we have!

A Good Night's Sleep.→

Seven out of ten adults in the United States say they experience stress or anxiety daily, and most say it interferes at least moderately with their lives and seven out of ten of those adults say they have trouble sleeping.

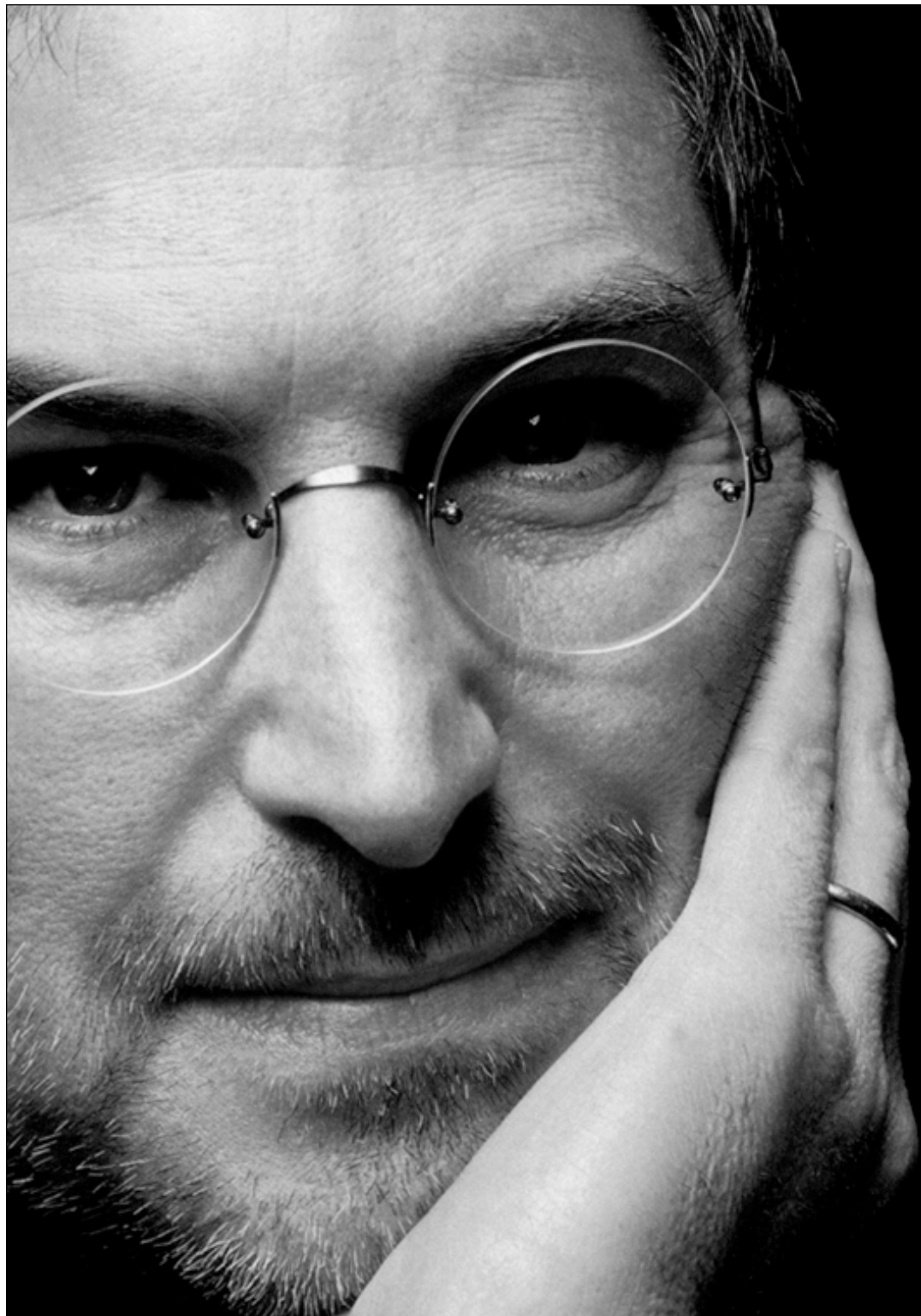
5| lie down and sleep;
I wake again, because
the Lord sustains me.

A Good Night's Sleep.→

1. No matter what others say, believe God is able to help.

²Many are saying of me, “God will not deliver him.”

³But you, Lord, are a shield around me, my glory, the One who lifts my head high.



Your time is limited,
so don't waste it living
someone else's life.
Don't be trapped by
dogma — which is
living with the results
of other people's
thinking.

-Steve Jobs

2005 Stanford

Commencement Speech

A Good Night's Sleep.→

1. No matter what others say, believe God is able to help.
2. Allow God to vindicate you.

⁷Arise, O Lord!
Rescue me, my
God! Slap all my
enemies in the
face! Shatter the
teeth of the
wicked! *(NLT)*

A Good Night's Sleep.→

1. No matter what others say, believe God is able to help.
2. Allow God to vindicate you.
3. Trust God with the outcome.

2Sam. 15:25 Then the king said... “Take the ark of God back... If I find favor in the Lord’s eyes, he will bring me back and let me see it and his dwelling place again. ²⁶*But if he says, ‘I am not pleased with you,’ then I am ready; let him do to me whatever seems good to him.*”

A Good Night's Sleep.→

1. No matter what others say, believe God is able to help.
2. Allow God to vindicate you.
3. Trust God with the outcome.
4. Keep others welfare in mind - not just your own.

2 Sam. 15:14 Then David said to all his officials who were with him... "Come! We must flee, or none of us will escape from Absalom.

Psalm 3:8 May your blessing be on your people.

A Good Night's Sleep.→

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