

Sermon Date: November 29, 2015

Pastor: John Aldax

Sierra's Weekly Message Action Plan



Dear Sierra Community Church Family,

On Sunday, John talked about connecting our head with our heart in worship and thanksgiving to God for his involvement in our lives.

Spend some time this week honestly asking yourself: “Is my life characterized by **grumbling** or **gratitude**?”

One commentary said of Psalm 100 that it is the “unclouded summit” that closes Psalms 93-100, which proclaim God as King.

Read one of those Psalms each day and pay particular attention to what it teaches you about God’s person and character. Use that as a springboard for praising and thanking him for his character and his involvement in your life.

For at least the next week, set aside 10 minutes every day to stop everything and find something for which you can thank God. If you make it the same time every day you will be more apt to do it.

Pick up a good biography of a Christian who led an exemplary life and begin reading it. (I recommend starting with *The Hiding Place*, the electronic versions are cheap.)

Consider getting involved in one of the groups studying the Bible at Sierra during the week. Start a life of learning who God is now.