



is
calling

**Does not wisdom call out?
-Proverbs 8:1**

Ephesians 4:26,27

“Be angry but do not sin. Don't let the sun go down on your anger and don't give the devil an opportunity.”

James 1:20

"Anger does not bring about the righteous life that God desires."

Proverbs 12:16

A fool is quick-tempered, but a wise person stays calm when insulted.

Proverbs 14:29

People with understanding control
their anger; a hot temper shows
great foolishness.

Proverbs 29:11

Fools vent their anger, but the
wise quietly hold it back.

Proverbs 13:16

Sensible people always think
before they act...

Proverbs 24:29

And don't say, "Now I can pay them
back for what they've done to me!
I'll get even with them!"

Proverbs 15:1

A gentle answer deflects anger, but
harsh words make tempers flare.

Proverbs 25:21,22

If your enemies are hungry, give them food to eat. If they are thirsty, give them water to drink. ²² You will heap burning coals of shame on their heads, and the Lord will reward you.



I. Anger is a choice

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I. Anger is a choice

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James 1:20

I. Anger is a choice

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[because]

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II. Where anger goes wrong

“A fool is quick-tempered, but a wise person stays calm when insulted.

Proverbs 12:16



Proverbs 14:29

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Proverbs 29:11

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III. Managing Anger

ADMIT IT.

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9 times in the OT the Bible says:

God is slow to anger.

III. Managing Anger

ADMIT IT.

Jesus got angry.

He's angry at the money changers in the temple (John 2).

He's angry at the religious leaders (Mark 3).

He's angry at the tomb of Lazarus (John 11).



III. Managing Anger

THINK BEFORE REACTING

Proverbs 13:16 Sensible people always think before they act..

III. Managing Anger

THINK BEFORE REACTING

And don't say, "Now I can pay them back for what they've done to me! I'll get even with them!" Proverbs 24:29.



Proverbs 15:1

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III. Managing Anger

CHOSE LOVE

If your enemies are hungry, give them food to eat.
If they are thirsty, give them water to drink.

Proverbs 25:21





Martin Luther King Jr.

“Jesus said, ‘Love your enemies that you may be children of your Father who is in heaven.’ Of course, you say, all this about loving enemies is not practical. Life is a matter of getting even, of hitting back, of dog-eat-dog. Maybe in some distant utopia the idea will work, but not in the hard, cold world in which we live.



Martin Luther King Jr.

“My friends, we have followed the so-called practical way for a long time now. Time is cluttered with the wreckage of communities which surrendered into hatred and violence. We are going to follow another way.”



Martin Luther King Jr.

“We will not abandon our righteous efforts. With every ounce of our strength, we will continue to rid the nation of the incubus of segregation. But we will not in the process relinquish our privilege and our obligation to love. While abhorring segregation, we will love the segregationist. This is the only way to build the beloved community.”



Martin Luther King Jr.

“To our most bitter opponents we say, ‘We shall meet your physical force with soul force. Do to us what you will, and we will continue to love you. We cannot obey your unjust laws because noncooperation with evil is as much a moral obligation as it is to cooperate with good. But throw us in jail; we will still love you.’”



Martin Luther King Jr.

“Send your hooded perpetrators of violence into our community and beat us, and we will still love you. But be ye assured that we will wear you down.’ ”

Proverbs 25:21,22

If your enemies are hungry, give them food to eat. If they are thirsty, give them water to drink. ²² You will heap burning coals of shame on their heads, and the Lord will reward you.



Martin Luther King Jr.

“One day we will win freedom, but not only for ourselves. We will so appeal to your heart and conscience that we will win you in the process, and so our victory will be a double victory.”



Martin Luther King Jr.

“The great military leaders of the past have gone, and their empires have crumbled and burned to ashes, but the empire of Jesus, built solidly and majestically on the foundation of love, is still growing.”



Martin Luther King Jr.

“May we solemnly realize we shall never be sons of our heavenly Father until we love our enemies and pray for those who persecute us, as he did for us.”





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