



Proverbs: Part 12

Self Control

“Like a city whose walls are broken through is a person who lacks self-control.” Proverbs 25:28

“We live in an age where self is king and the greatest act of treachery is to deny the king what he wants.”

James Williams

“The intent of self-control is flourishing not punishment. The work of the Spirit in self-control is part of God’s restoration of humanity to its pre-Genesis 3 design. The Spirit empowers progressive restoration to our will being returned to harmony with the principles of God-honoring human flourishing.”

Brad Hambrick

“Listen, my son, and be wise, and set your heart on the right path: Do not join those who drink too much wine or gorge themselves on meat, for drunkards and gluttons become poor, and drowsiness clothes them in rags.”

Proverbs 23:19-21

“Self-Control is the ability to recognize and choose the important thing over the urgent thing . . . because your desires are properly ordered.”

Tim Keller

Self-Control is about WORSHIP – Worship of God, or worship of self

“The tongue has the power of life and death”

Proverbs 18:21

“Even fools are thought wise if they keep silent, and discerning if they hold their tongues.”

Proverbs 17:28

“No human being can tame the tongue. It is a restless evil, full of deadly poison. With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God’s likeness.”

James 3:8-9

“Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.”

1 Peter 5:8

“The name of the LORD is a strong tower; the righteous run to it and are safe.”

Proverbs 18:10

We are freed FROM our old desires FOR a new purpose and worship

“It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.”

Galatians 5:1”

“So I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want.”

Galatians 5:16-17

“Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires”

Romans 8:5

“Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. 2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.”

Romans 12:1-2

“You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.”

Ephesians 4:22-24

“We should not feel a sense of condemnation based on our need for self-control. God is restoring a good thing in us as we grow in self-control. . . What is being empowered is the “new self” to rule over the “old self” (Eph. 4:22-24).”

Brad Hambrick

Questions to consider:

- Where am I listening to the Spirit of God speak into my life? Where might I be resisting?
- How can I keep my eyes on Christ, the author and perfecter of our faith this week?
- Who am I sharing my struggles and prayer needs with consistently? Community?