

# Keep Takes Spiritual

Gal.5:16 walk by the spirit

# Galatians 5:16-23 Fruit of the Spirit



#### What is Peace?

"Peace for women means shelter, food and education for children. Above all, women need security in the home; they need to sleep well in their beds, knowing they are safe from violence."

"Unknown" Nepali Woman

#### What is Peace?

"Peace means not only the lack of violent conflicts, but also the presence of justice and equity, as well as respect for human rights and for the Earth."

#### What is Peace?

"A state of quiet - especially: freedom from public disturbance or war: freedom from upsetting thoughts or feelings: harmony in personal relations."

<sup>16</sup> Live by the Spirit, and you will not gratify the desires of the sinful nature. <sup>17</sup> For the sinful nature desires what is contrary to the Spirit, and the Spirit what is contrary to the sinful nature.

<sup>22</sup> They are in conflict with each other, so that you do not do what you want. <sup>18</sup> But if you are led by the Spirit, you are not under law. <sup>19</sup> The acts of the sinful nature are obvious:

sexual immorality, impurity and debauchery;

20 idolatry and witchcraft; hatred, discord, jealousy,
fits of rage, selfish ambition, dissensions, factions

21 and envy; drunkenness, orgies, and the like.

I warn you, as I did before, that those who live like this will not inherit the kingdom of God. <sup>22</sup> But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness and self-control.

Against such things there is no law.

Galatians 5:16-23

**Worry and Anxiety** 

**Worry and Anxiety** 

Peace is found in...

**Worry and Anxiety** 

#### Peace is found in...

Trusting God

#### "My life has been filled with terrible misfortune; most of which

never happened."



Michel de Montaigne

"Do not let your hearts be troubled. Trust in God; trust also in me."

**John 14:1** 

"Do not let your hearts be troubled. Trust in God; trust also in me."

John 14:1

Cast all your anxiety on him because he cares for you.

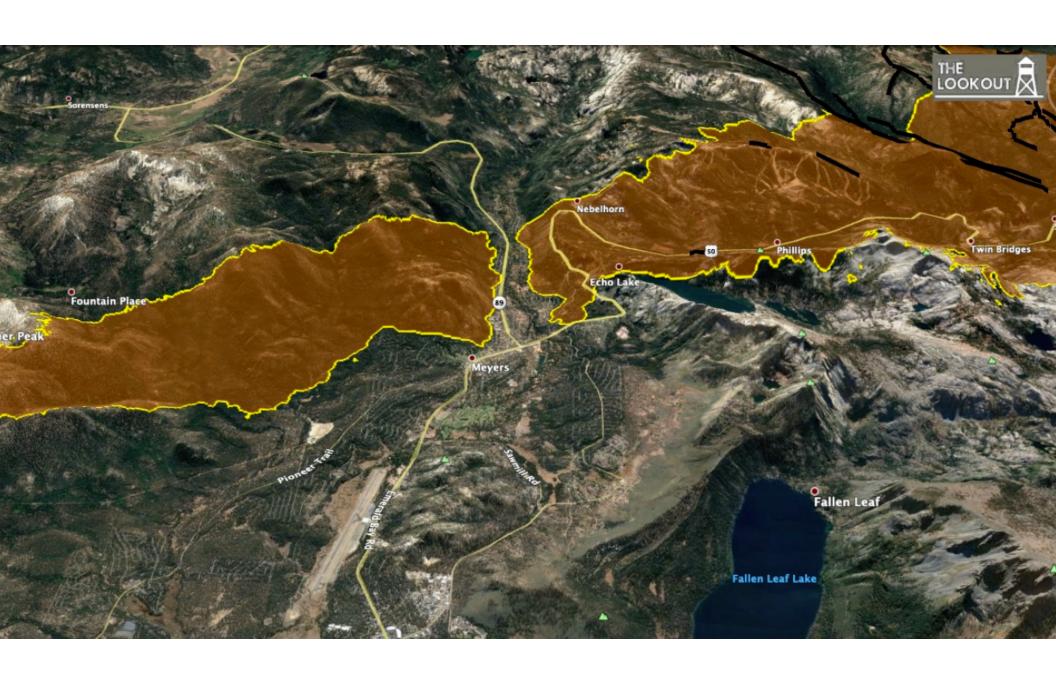
1 Peter 5:7

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians. 4:6-7





Do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?

<sup>26</sup> Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? <sup>27</sup> Can any one of you by worrying add a single hour to your life?

Matthew 6:25–27

Something you produce

Something you produce

Peace is...

Something you produce

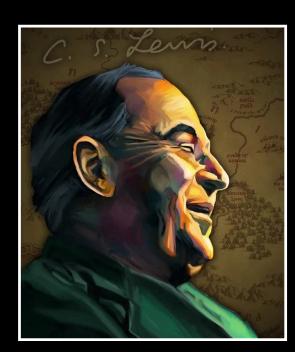
Peace is...

**Received from God** 

"God cannot give us peace and happiness apart from Himself,

because it is not there."

C.S. Lewis





## From the root to the fruit!

I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. If you do not remain in me, you are like a branch that is thrown away and withers; such branches are picked up, thrown into the fire and burned.

If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you. This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples.

John 15:5-7

And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians. 4:6-7

Blessed are the peacemakers, for they will be called children of God.

Matthew 5:9

Blessed are the peacemakers, for they will be called children of God.

Matthew 5:9

Peacemakers who sow in peace raise a harvest of righteousness.

James 3:18