

*Keep Tahoe Spiritual :  
Patience in a World of Hurry*

*Fruit Of The Spirit- Part 4 Gal. 5:22-23*  
*Noah Largent 6/25/23*



*Paul is teaching that the natural result of following God's spirit is a love for God and others. It produces things like: joy, peace, and patience...*

## 1. What is patience?

**Dictionary:** “the capacity to accept or tolerate delay, trouble, or suffering without getting angry or upset.”

**Bible:** Greek-makrothymeō = Patient or Long-suffering

makros thymōs

Long / Slow      Heat / Boiling Up

2 Peter 3:9 The Lord is not slow in keeping his promise... Instead he is **patient** with you, not wanting anyone to perish, but everyone to come to repentance.

## 2. What makes it difficult?

a. One of our primary values is ***speed***.

We used to walk everywhere; now we have cars to get from place to place in a hurry. We used to make all our food from scratch; now we have takeout. We used to write letters by hand; now we have email, text and of course, our new best friend, ChatGPT. Yet in spite of our smartphones and programmable coffeepots and dishwashers and laundry machines, ***most of us feel like we have less time, not more.***- *The Ruthless Elimination of Hurry*, by John Mark Comer - Kindle pg 22-23

b. The **Cost** of impatience: Abraham / Sarah (*Genesis 12-16*)

Gen. 16:2 "The Lord has kept me from having children. Go, sleep with my slave; perhaps I can build a family through her." Abram agreed to what Sarai said.

### 3. How do I grow in it?

**Pray:** ask God for help!

**Practice:** commit to practicing being patient with ONE person.



**Community Group Questions:**

1. What did you hear? What hit home from the message? How did this message challenge, change, or affirm your thinking?
2. Who are some of the most patient people you know? How would you characterize their actions that make them patient?
3. Was Jesus patient or impatient? Give some examples.
4. What can we learn about God and patience from the following verses: Jonah 4:2; Ephesians 4:2; 1 Timothy 3:10; James 5:10?

**Notes:**