

—PAUL'S LETTER TO THE—

EPHESIANS

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CHAPTER 1

**Praise be to the God and Father of our Lord Jesus
Christ, who has blessed us in the heavenly realms with
every spiritual blessing in Christ.**

Ephesians 1:3

In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace.

Ephesians 1:7

Having believed, you were marked in him with a seal,
the promised Holy Spirit who is a deposit guaranteeing
our inheritance.

Ephesians 1:13-14

15 For this reason, ever since I heard about your faith in the Lord Jesus and your love for all the saints,

16 I have not stopped giving thanks for you, remembering you in my prayers. 17 I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.

¹⁸ I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints, ¹⁹ and his incomparably great power for us who believe.

**That power is like the working of his mighty strength,
20 which he exerted in Christ when he raised him from
the dead and seated him at his right hand in the
heavenly realms,**

**²¹ far above all rule and authority, power and dominion,
and every title that can be given, not only in the present
age but also in the one to come. ²² And God placed all
things under his feet and appointed him to be head over
everything for the church, ²³ which is his body, the
fullness of him who fills everything in every way.**

Ephesians 1:15-23

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**For although they knew God, they neither glorified him
as God nor gave thanks to him.**

Romans 1:21

***Understand the hope to which
believers are called***

“He called us to Christ and holiness, to freedom and peace, to suffering and glory. More simply, it was a call to an altogether new life in which we know, love, obey and serve Christ, enjoy fellowship with him and with each other, and look beyond our present suffering to the glory which will one day be revealed.”

John Stott

***Understand the riches of his
glorious inheritance***

³ Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, ⁴ and into an inheritance that can never perish, spoil or fade. This inheritance is kept in heaven for you.

1 Peter 1:3-4

“Our desires are not too strong, but too weak. We are half-hearted creatures, fooling about with drink and sex and ambition when infinite joy is offered us, like an ignorant child who wants to go on making mud pies in a slum because he cannot imagine what is meant by the offer of a holiday at the sea. We are far too easily pleased.”

CS Lewis

***Understand how great his power
is for those who believe***

With man this is impossible, but with God all things are possible.

Matthew 19:26

Peter answered him, “We have left everything to follow you! What then will there be for us?”

Matthew 19:27

Everyone who has left houses or brothers or sisters or father or mother or wife or children or fields for my sake will receive a hundred times as much and will inherit eternal life.

Matthew 19:29–30

Communion

Remembering His sacrifice.

