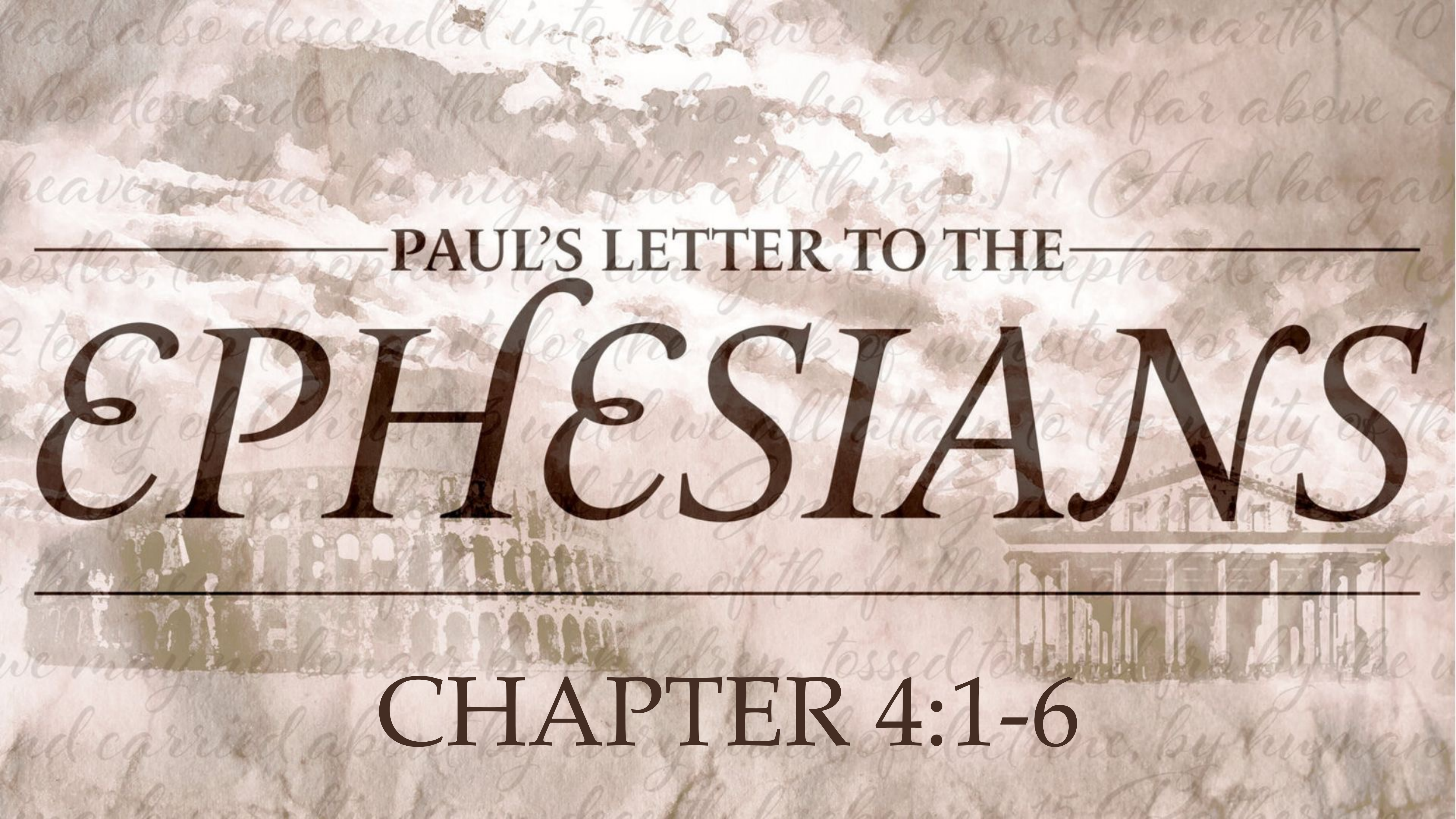


—PAUL'S LETTER TO THE—

# EPHESIANS





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PAUL'S LETTER TO THE

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# EPHESIANS

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CHAPTER 4:1-6



If anyone is in Christ, the new creation has come: The old has gone, the new is here!

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*2 Corinthians 5:17*



Therefore I, a prisoner for serving the Lord, beg you to lead a life worthy of your calling, for you have been called by God. <sup>2</sup> Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love.

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<sup>3</sup> Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace.

<sup>4</sup> For there is one body and one Spirit, just as you have been called to one glorious hope for the future.

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<sup>5</sup> There is one Lord, one faith, one baptism, <sup>6</sup> one God and Father of all, who is over all, in all, and living through all.

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*Ephesians 4:1-6*







**<sup>7</sup> Train yourself to be godly. <sup>8</sup> “Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come.”**

**1 Timothy 4:7–8**



# *Verse 1*

*Living a Life Worthy  
of Your Calling*





**Make a tree good and its fruit will be good, or make  
a tree bad and its fruit will be bad, for a tree is  
recognized by its fruit.**

**Matthew 12:33**



*Verses 2-3*

*Evidence of the  
New Creation*





<sup>2</sup> Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love. <sup>3</sup> Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace.

*Ephesians 4:2-3*







*Humility*







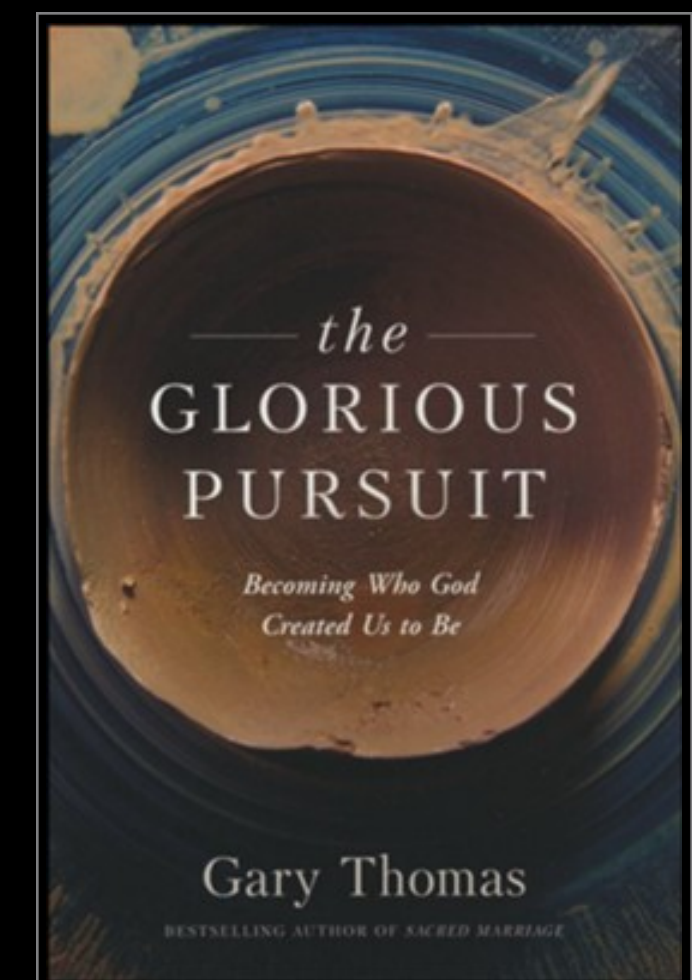
**<sup>6</sup> God opposes the proud but shows favor to the humble.**

**<sup>7</sup> Submit yourselves, then, to God.**

**James 4:6–7**



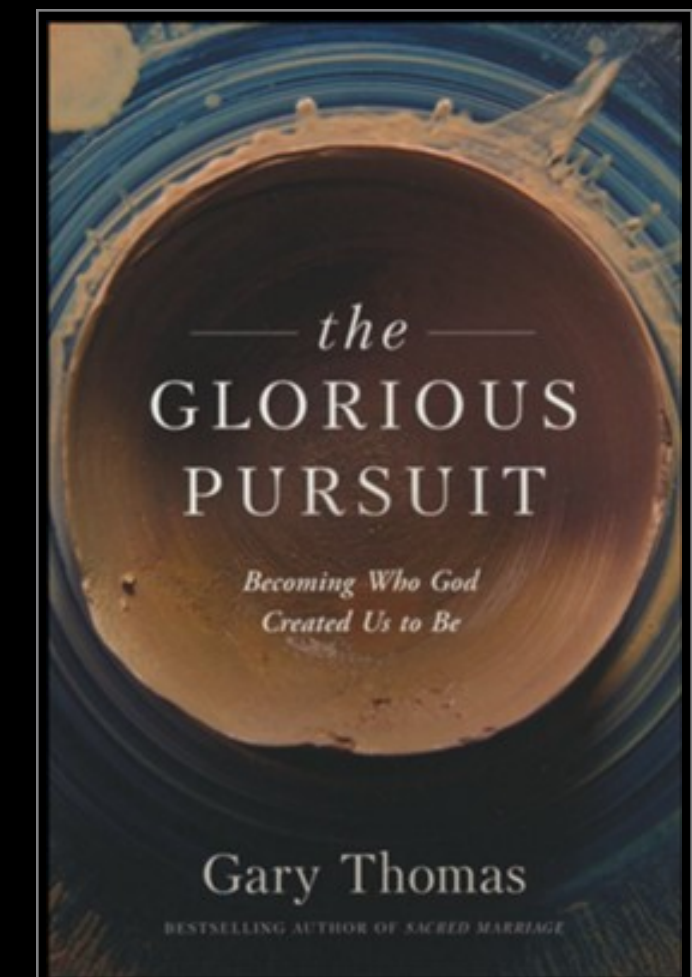
**“In all of our discipleship, we teach prayer, we teach Bible study and we teach evangelism. These are necessary disciplines. But without the interior foundation of humility they can’t possibly support our spiritual house. To experience the life of Christ, we need the inner discipline of humility.”**





“I can check off a completed Bible study, record my minutes in prayer, or write down the names of people with whom I share my faith. But how do I check off the attainment of humility? I can't. The truth is this: We don't become humble as much as we learn to practice humility.”

*Gary Thomas*









<sup>6</sup> Who, being in very nature God, did not consider equality with God something to be used to his own advantage; <sup>7</sup> rather, he made himself nothing by taking the very nature of a servant... <sup>8</sup> he humbled himself by becoming obedient to death – even death on a cross!

**Philippians 2:6–7,8**



**“The insignificances of daily life are the tests of eternity because they prove what spirit really possess us. It is in our most unguarded moments that we really show and see what we are.”**

*Andrew Murray*







*Patience*



**Impatience is an addiction to comfort,  
ease and our own will.**



*Gary Thomas*







**The Lord, the Lord, the compassionate and gracious  
God, slow to anger, abounding in love and faithfulness.**

**Exodus 34:6**







**For those God foreknew he also predestined to be  
conformed to the image of his Son.**

**Romans 8:29**







*Verses 4-6*

*Unity in Christ*  
*(The New Shema)*







Hear, O Israel: The Lord our God, the Lord is one.

Deuteronomy 6:4



**There is one body and one Spirit, just as you have  
been called to one glorious hope for the future.**

**There is one Lord, one faith, one baptism, one God  
and Father of all.**



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and Father of all.

*Ephesians 4:4-6*



**“There is one body of Christ. There may be many denominations, but there is one body.”**



**R.C. SPROUL**  
1939–2017





*Pando, UT*















