

*Ancient Solutions*  
*for*



MODERN PROBLEMS

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# THE PSALMS

**“In no other writings, whether sacred or secular, are the heart and soul of man more clearly revealed than in the Psalms. The sighs, sobs, and songs buried deeply within human spirits find their release and utter their message through these 150 Psalms. They review the past, view the present, and preview the future . . .**

**... Nearly half of all the direct quotes taken from the Old Testament and quoted in the New Testament come from the Psalms. In fact, the book of Psalms is either quoted from or alluded to 103 times in the book of Revelation alone, and 149 times in the four Gospel accounts.”**

**Harold Wilmington**

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# PSALM 1

**'ESHER**

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**HAPPINESS, BLESSEDNESS, FILLED WITH JOY**

**The Big Question**

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# WHAT IS HAPPINESS?

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Filmed by *The Atlantic* at the Aspen Ideas Festival, 2015





**“Whoever is not with me is against me, and whoever does not gather with me scatters.”**

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**MATTHEW 12:30**

**HALAK ETSAH RASHA'**

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**DOES NOT WALK IN THE COUNSEL OF THE WICKED**



**HAPPINESS IS A CHOICE**

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**“I have hidden your word in my heart that I might not sin against you”**

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**PSALM 119:11**

**“Your word is a lamp for my feet, a light on my path.”**

**“I have followed your commands, which keep me from following cruel and evil people.”**

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**PSALM 119:5, 17:4**



**“Not a wild tree, but a tree planted,  
chosen, considered property, cultivated,  
and secured from the last terrible  
uprooting”**

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**CHARLES SPURGEON**



**HAPPINESS IS NOT FOUND IN  
SUPERFICIAL CIRCUMSTANCES**

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**"What else does this craving, and this helplessness, proclaim but that there was once in man a true happiness, of which all that now remains is the empty print and trace?"**

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**BLAISE PASCAL (PENSEES 148)**

**This he tries in vain to fill with everything  
around him, seeking in things that are  
not there the help he cannot find in those  
that are,**

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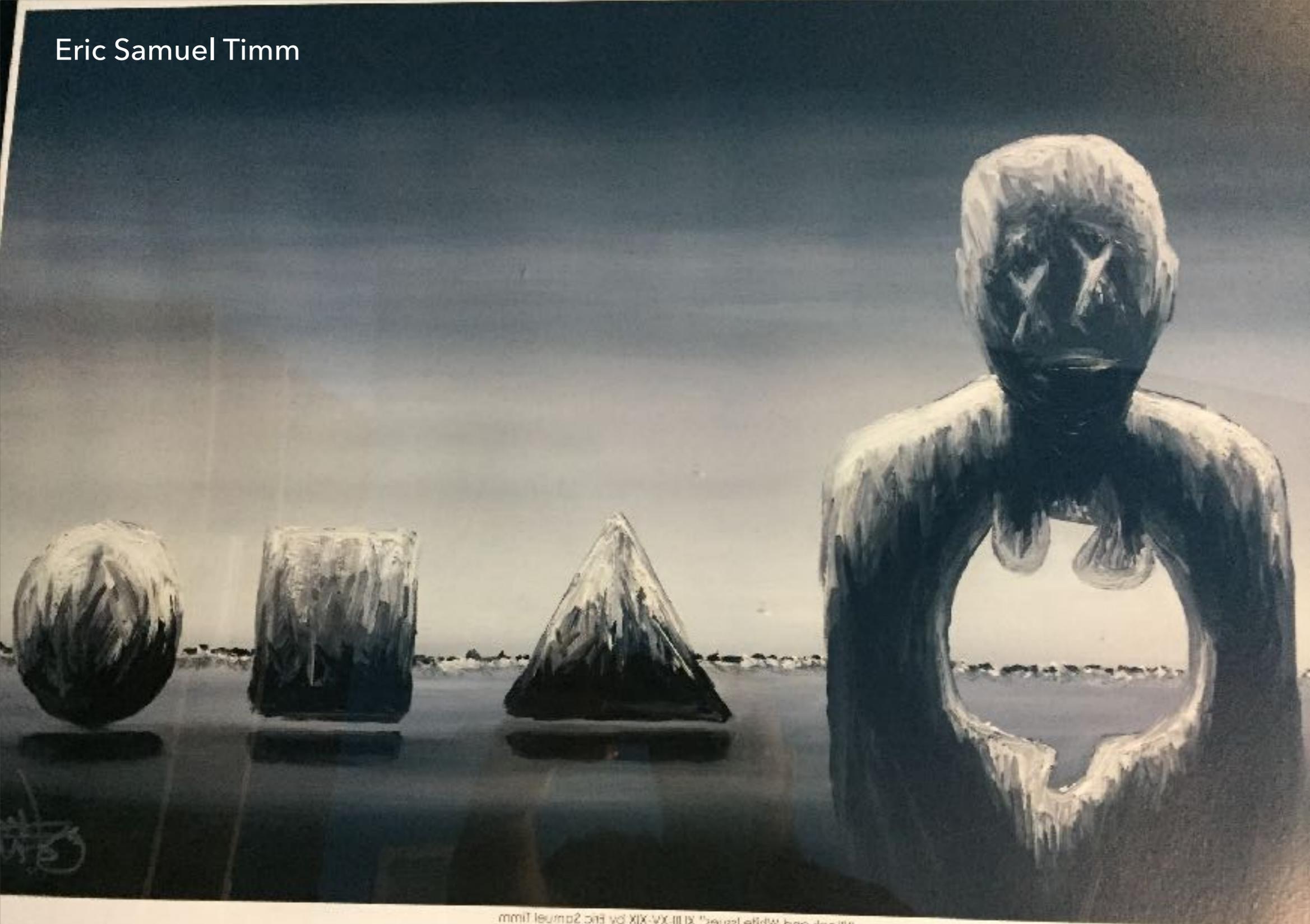
**BLAISE PASCAL (PENSEES 148)**

**...though none can help, since this infinite abyss can be filled only with an infinite and immutable object; in other words by God himself”**

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**BLAISE PASCAL (PENSEES 148)**

Eric Samuel Timm



"Black and White Isreal", KJIII-VX-1111X by Eric Samuel Timm

**“So I hated life, because the work that is done under the sun was grievous to me. All of it is meaningless, a chasing after the wind...**

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**ECCLESIASTES 2:17-19**

**I hated all the things I had toiled for under the sun, because I must leave them to the one who comes after me. And who knows whether he will be a wise man or a fool?”**

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**ECCLESIASTES 2:17-19**



**“Happiness never consists in what happens to you but what you are”**

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**TIMOTHY KELLER**



**HAPPINESS IS A BYPRODUCT OF  
SOMETHING LARGER THAN ITSELF**

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**“Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. For the Lord watches over the way of the righteous, but the way of the wicked leads to destruction.”**

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**PSALM 1:5-6**

**“I am the way the Truth and the life,  
no one comes to the father except  
through me.”**

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**JOHN 14:6**

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